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# Comparative Pharmacognostic and Phytochemical Studies of Flower, Leaf and Stem Extracts of *Butea monosperma*

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#### Abstract

Background: Butea monosperma, known as Palas, is an Ayurvedic plant, and its various parts have been studied for their medicinal properties.

Aim: To carry out a detailed pharmacognostic and phytochemical study of different extracts of flower, leaf and stem of Butea monosperma (BM).

Materials and methods: Different plant parts (flowers, leaves, stem powder) were studied for their organoleptic, microscopic and physicochemical characteristics. Extraction of dried powder of different parts of BM, i.e. flowers, leaves and stem was carried out in succession with 3 solvents of increasing polarities, viz. alcohol, hydro-alcohol and water. Preliminary phytochemical screening was carried out on all the extracts using standard procedures. Thin layer chromatography was carried out to assess their qualitative nature. These were then tested quantitatively for their phenol, flavonoid and sterol contents. DPPH (2,2'- diphenyl- 1-picrylhydrazyl) assay was employed to assess their antioxidant capacities. Based on the results of these studies, the selected extracts were chosen for FRAP (Ferric reducing antioxidant potential) assay, their anti-glycation and anti-inflammatory activity, and the assays were performed using standard methods.

Results: The hydroalcoholic and alcoholic extracts of the flower possessed the maximum phenol and flavonoid content, respectively, along with the highest anti-glycation and anti-inflammatory activities, while the alcoholic extract of the stem showed maximum anti-oxidant properties.

Conclusion: A detailed pharmacognostic study was performed on the three parts of BM. The hydroalcoholic and alcoholic extracts of the flower and the alcoholic extract of the stem proved to be the most effective extracts among all the extracts of the three plant parts in terms of their phytochemical constituents and their antioxidant, anti-glycation and anti-inflammatory activities.

Keywords: Butea monosperma, Flower, Stem, Flavonoids, Phenols, Anti-oxidant, Anti-glycation.

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# Introduction

Medicinal plants contain numerous active ingredients that may be potentially useful for the development of therapeutic agents. The identification and isolation of phytochemical groups and/or single chemical entities from them are, hence, crucial for drug discovery as these entities often work as individual agents or as a collective group of phytocompounds (purified extracts) to achieve the desired therapeutic effect. However, to assess their quality, standardisation of these plant parts needs to be carried out, which includes a series of tests to determine the quality, quantity and the purity of the phytocompounds or the extracts, along with the measure of contaminants or foreign matter present in them [1]. In this study, the plant under consideration is *Butea monosperma*.

*Butea monosperma* (BM), also known as Palas in the traditional system of medicine is a medicinal plant. As reported by the Indian Ayurvedic texts, its leaves, stem, flowers, seeds,

gum (stem) and roots have been widely used as traditional medicine [2,3]. Its classification is presented in Table 1.

The flowers have been reported to possess a range of therapeutic properties. Studies have proven their antiinflammatory and anti-oxidant potential [4-6]. The flavonoids contained in the flowers majorly contribute to these activities. Some of these flavonoids are butrin, isobutrin, and butein [7,8]. When the extracts of the flowers were tested *in vivo*, they exhibited hepatoprotective and anti-convulsive activities [9,10]. Besides *in vivo* studies, the effect of the alcoholic and aqueous floral extracts was tested in two separate *in vitro* studies on colon cancer and hepatoma cell lines. The cell lines, upon exposure to the extracts showed reduced proliferation [11,12].

Apart from flowers, the leaves and the stem portions of the plant have also been subjected to various studies to investigate their medicinal properties. The leaves have majorly exhibited anti-inflammatory and anti-diabetic properties [13,14], while

the stem has been proven to possess strong hepatoprotective and anti-diarrhoeal activities [15,16].

Though *Butea monosperma* has been studied for its antidiabetic properties, the focus on the treatment of its complications is still poor. This study investigates the possible potential of BM as a treatment for the diabetic complications by assessing the *in vitro* anti-oxidant, anti-glycation and antiinflammatory activities of extracts of all the three plant parts, viz. flower, leaf and stem.

Table	1:	Scientific	classification	of Butea	monosperma
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Kingdom	Plantae
Sub kingdom	Tracheobionta
Division	Magnoliophyta
Class	Magnoliopsida
Subclass	Rosidae
Order	Fabales
Family	Fabaceae
Genus	Butea
Species	Monosperma

# **Materials and Methods**

#### **Reagents and instruments**

All chemicals and reagents used during the experimentation were of analytical grade. Perkin Elmer Lambda 25 was the spectrophotometer used for all the assays. Motif, B1 Advanced Series photographic microscope was used to study the microscopic details.

#### Plant collection and authentication

The plant material, i.e. BM flowers (BMF), BM leaves (BML) and BM stem (BMS) was collected from a local vendor in Mumbai and was authenticated by Agharkar Research Institute, Pune. Each of the samples was deposited at the herbarium under the following voucher numbers: flower: I/F-044, leaf: L-073, and stem: S/B-141. The plant parts were then air dried and hand crushed and stored in air tight and dry containers until further use.

#### **Organoleptic characteristics**

The macroscopic observations of the powdered samples, i.e. colour, texture, odour, etc. were made in order to establish the identity of the plant.

#### **Microscopic studies**

The microscopic evaluation of the powdered plant material (BMF, BML, and BMS) was carried out with the help of microscope. The plant material was soaked in a solution of 20% chloral hydrate, and then mounted on a glass slide with

the help of glycerine. The mounted slides were then observed under a photographic microscope with a magnification of 400X. Figure 1 represents the microscopic images.

# Physicochemical analysis

Physicochemical parameters like the determination of ash content (sulphated ash, acid insoluble ash, water soluble ash and total ash), extractive values and moisture content (or loss on drying) were checked for all the three plant materials [17]. The extractive values of the plant materials were measured with all the three solvents used for extraction.

# **Extraction of plant material**

Two methods were employed for extraction of the three different types of plant samples. Powdered BMF and BMS were made to undergo successive maceration (500 g) with the help of solvents of increasing polarities, i.e. alcohol, hydro alcohol, and water. Successive Soxhlet extraction was employed for powdered BML (50 g) for the same solvents used for BMF and BMS (300 ml), after defatting it with petroleum ether. The extracts obtained were dried with the help of a rotary evaporator, and their yields (Table 5) were calculated. Table 2 denotes the nomenclature used for the extracts.

Table 2: The plant extracts and their abbreviations used in the study.

BMF alcoholic extract	BMF AL
BMF hydroalcoholic extract	BMF HA
BMF aqueous extract	BMF AQ
BML alcoholic extract	BML AL
BML hydroalcoholic extract	BML HA
BML aqueous extract	BML AQ
BMS alcoholic extract	BMS AL
BMS hydroalcoholic extract	BMS HA
BMS aqueous extract	BMS AQ

# Qualitative phytochemical screening

The extracts were subjected to preliminary phytochemical screening as per the standard chemical methods for the identification of different phytocompounds present [18]. The results are displayed in Table 6.

# Thin layer chromatography (TLC)

TLC fingerprinting has the potential to authenticate the presence of chemical constituents of herbal drug or formulations. The thin layer chromatography of all the extracts of the three plant parts was carried out, and their Rf values were recorded. Aluminium plates pre-coated with silica gel 60G F254 were used for the technique. The plates were cut carefully according to the sizes required, and application of the samples was done, each of 20  $\mu$ l having a lane length of 0.5 cm. The plates were then run in the respective solvent systems

and were observed under UV light [19]. Figure 2 represents the TLC profiles of the different extracts of BMF, BML and BMS, respectively.

Solvent systems:

a. BMF: Ethyl acetate: methanol: formic acid (8:2:0.4), Scanning at 348 nm

b. BML: Butanol: Acetic acid: Water (5:3:2), Scanning at 366 nm

c. BMS: Butanol: Acetic acid: Water (5:3:2), Scanning at 366 nm

#### **Total phenol content**

The Folin Ciocalteau's method was employed for the quantitative estimation of the total phenolic content [20]. Gallic acid was used as the reference standard to prepare a calibration curve. Different concentrations of gallic acid were prepared in methanol (mention the range). A volume of 0.5 ml of each concentration of gallic acid was mixed with 2.5 ml of (a 10 fold diluted) Folin Ciocalteu reagent and 2 ml of 7.5 % sodium carbonate solution. The tubes were allowed to stand for 30 minutes at room temperature and the absorbance at 765 nm was measured using the spectrophotometer. Similarly, 0.5 ml of all the extracts (250  $\mu$ g/ml) were treated and the absorbance was measured.

#### **Total flavonoid content**

The total flavonoid content in extracts was determined with the help of a spectrophotometric method using aluminum chloride [21]. A calibration curve was prepared using quercetin as the standard and its various concentrations were prepared. A volume of 0.5 ml of each of these concentrations were mixed with 1.5 ml of ethanol, 0.1 ml of 10% aluminum chloride, 0.1 ml of 1 M potassium acetate and 2.8 ml of distilled water. These reaction mixtures were then incubated at room temperature for 30 min, and their absorbance was measured at 415 nm with a spectrophotometer. The amount of 10% aluminum chloride was substituted by the same amount of distilled water in the blank. Similarly, 0.5 ml of all the plant extracts (250  $\mu$ g/ml) were used for determination of flavonoid content.

#### DPPH radical scavenging activity assay

The free radical scavenging activity of the extracts was measured in vitro by 2,2'- diphenyl- 1-picrylhydrazyl (DPPH) assay, according to the method by Kasangana et al., with minor modifications [22]. A 0.36 mg/ml stock solution of the same was prepared with methanol and stored in an amber coloured bottle at 20°C. Three ml of this solution was mixed with 100  $\mu$ l of each of the plant extracts, with a range of concentrations. The reaction mixture was shaken and incubated in the dark for 15 min at room temperature. Absorbance was measured at 517 nm. The control was prepared as above with methanol. The scavenging activity of the extracts was calculated using the following equation:

# FRAP assay

The reducing power of a sample tests its ability to transform Fe (III) to Fe (II). The procedure described by authors Kumar and Jain was used, with minor modifications [23]. Formation of a blue coloured complex confirms the transformation to Fe (II) and it can be measured spectrophotometrically at 700 nm. Each of the plant extracts (2 ml) were mixed with 2 ml of phosphate buffer (0.2 M, pH 6.6) and 2 ml of potassium ferricyanide (10 mg/ml). The mixture was incubated at 50°C for 20 min and 2 ml of trichloroacetic acid (100 mg/l) was later added to it. The mixture was centrifuged at 3000 rpm for 10 min, and the upper layer of the solution was collected. Two ml of this mixture was mixed with 2 ml of distilled water and 0.4 ml of 0.1% (w/v) fresh ferric chloride. After 10 min, the absorbance was measured at 700 nm. Higher absorbance of the reaction mixture indicates a higher reducing power.

#### Antiglycation assay

Bovine serum albumin (BSA, 20 mg/ml, 10 ml) was mixed with glucose (500 mM, 5 ml) and 0.02% sodium azide in phosphate buffer (200 mM, pH 7.4). The sample with different concentration dissolved in phosphate buffer (200 mM, pH 7.4, 5 ml) was added to the reaction mixture, and then the mixture was incubated for 30 days at 37°C to obtain glycated materials. Aminoguanidine was used as a positive control in two concentrations, 300 µg/ml (Pos 300) and 400 µg/ml (Pos 400). Aliquots of the glycated materials were taken from the system for the following experiments in 0, 3rd, 6th, 12th, 18th, and 21st day after incubation. The glycated material (0.5 ml) and NBT reagent (0.3 mM, 2.0 ml) in sodium carbonate buffer (100 mM, pH 10.35) were incubated at room temperature for 15 min, and the absorbance was read at 530 nm against a blank [24].

#### Anti-inflammatory assay

The reaction mixture consisted of 0.2 mL of 1% BSA, 2.8 mL of phosphate buffered saline (PBS, pH 6.4) and 2 ml of varying concentrations of extract so that final concentrations become 100, 200, 300, 400, 500  $\mu$ g/ml. Similar volume of double-distilled water served as control. Then the mixtures were incubated at 15°C in an incubator for 10 min and then heated at 70°C for 10 min in water bath. After cooling, their absorbance was measured at 660 nm by using vehicle (only buffer) as blank. Diclofenac at the final concentration of (100, 200, 300, 400, 500  $\mu$ g/ml) was used as reference drug and treated similarly for determination of absorbance [25]. The percentage inhibition of protein denaturation was calculated by using the following formula:

%Inhibition =  $[(ABS_{control} - ABS_{test})/ABS_{control}] \times 100$ 

#### **Statistical evaluation**

Values reported are expressed as Mean  $\pm$  S.E.M. Standard calibration curves were prepared for the quantitative estimation of phenol and flavonoid content in the extracts, and graphical representations of the results were made with the help of MS Excel. The results of the anti-oxidant and anti-inflammatory assays were derived by employing the equations of percentage of scavenging effect and percent inhibition, and the average values calculated with their standard deviations, were plotted on graphs using MS Excel. The values obtained for the anti-glycation assay were observed as a trend for a period of 21 days, and compared with those of the negative and positive controls.

# Results

#### **Organoleptic characteristics**

Organoleptic characteristics of a particular plant sample give a measure of its outward appearance and employ the sense of touch, smell and taste to determine the nature of the sample and its differentiating characteristics. The results of the organoleptic analysis are given in Table 3.

Table 3: Macroscopic characteristics of the plant samples.

Plant part	Colour	Taste	Odour	Texture
BMF	Brown	Pungent	Pungent	Rough
BML	Green	Sour	Odourless	Coarse
BMS	Brown	Bitter	Odourless	Coarse

# **Microscopic studies**

The powder microscopy of all the three plant parts revealed peculiar characteristics. The flower powder of BM showed the presence of trichomes, which were unbranched and unicellular in nature having a narrow lumen. Single layer epidermal cells and parts of cuticle were also observed. Microscopy of the leaf powder showed cells of the upper epidermis, unicellular trichomes, which tapered towards the ends, and annular vessels. The stem powder under the microscope shows traces of parenchymatous cells, phloem fibres and outer cork cells. The results of microscopic analysis are shown in Figure 1.

# Physicochemical analysis

Various physicochemical parameters like the ash content and extractive values were checked for the three plant materials and their results are summarized in Table 4. The extractive values, the moisture content (indicated by loss of drying) and the total ash of BMF were higher than those of BML and BMS.



**Figure 1:** Microscopic evaluation of BMF, BML, and BMS (400 X) (BMF: a. Trichome, b. Epidermis c. Cuticle, BML: d. Epidermal cells, e. Vessels f. Trichome, BMS: g. Cork cells, h. Parenchyma, i. Phloem).

#### **Extraction of plant material**

The use of solvents is made in plant studies to extract the phytochemical compounds from the plant material into the solvent. Here, after extraction of all the three plant materials with solvents alcohol (AL), hydro alcohol (HA) and water (AQ), the yield of each extract was calculated, and the results are displayed in Table 5. The average yield of BMS was comparatively higher than that of BMF or BML. The results also indicated that alcohol was the preferred solvent for extraction of all the three plant materials as the yield of the alcoholic extracts were higher than those of the hydro alcoholic and aqueous ones.

Table 4: Physicochemical parameters of the plant material.

Parameters (% w/w)	BMF	BML	BMS
Loss on Drying	10.30 ± 0.7	7.16 ± 1.1	3.56 ± 0.98
Total ash	16.50 ± 0.5	11.50 ± 0.3	5.38 ± 0.5
Sulphated ash	12.05 ± 0.7	11.56 ± 0.5	7.76 ± 1.0
Acid insoluble ash	8.64 ± 0.44	3.00 ± 0.4	0.69 ± 0.05
Water soluble ash	1.89 ± 0.5	0.46 ± 0.05	0.63 ± 0.03
Alcohol soluble extractive value	6.41 ± 0.81	4.53 ± 1.09	2.38 ±1.1
Hydroalcoholic extractive value	38 ± 0.76	13.71 ± 0.59	7.34 ± 0.4
Water soluble extractive value	5.70 ± 0.56	7.92 ± 0.49	3.08 ± 0.91

Table 5: Percent yields of the plant extracts.

Extract Yield (% w/w) ±	SD
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BMF AL	4.31 ± 0.81
BMF HA	2.31 ± 0.99
BMF AQ	3.13 ± 0.82
BML AL	7.22 ± 0.78
BML HA	2.67 ± 0.52
BML AQ	2.08 ± 0.66
BMS AL	6.84 ± 0.98
BMS HA	5.37 ± 0.74

 Table 6: Qualitative phytochemical screening of the plant extracts.

BMS AQ 3.63 ± 0.95

# Qualitative phytochemical screening:

Phytochemical screening was done with the help of standard chemical tests to test for the available phytocompounds present in the extracts. Proteins and alkaloids were found in all the extracts but carbohydrates and steroids were found to be present in all the extracts. Flavonoids and phenolic compounds were primarily found in the all extracts of BMF. Table 6 lists the results of the phytochemical screening.

Main group	Test	BMF AL	BMF HA	BMF AQ	BML AL	BML HA	BML AQ	BMS AL	BML HA	BML AQ
	Benedicte's Test	+	+	+	-	+	+	+	+	+
Carbohydrates	CoCl3 test for hexoses	+	+	+	+	+	+	+	+	+
	Fehling's test	-	-	-	-	-	-	+	+	+
Alkoloida	Wagner's test	-	-	-	-	-	-	-	-	-
Aikalolus	Hager's test	-	-	-	-	-	+	-	-	-
Protoino	Ninhydrin test	+	+	-	-	+	-	-	+	-
FIOLEINS	Biuret test	-	-	-	-	-	-	+	+	-
Storoida	Salkowski's reaction	+	+	+	+	+	+	+	+	+
Sterolus	Liebermann- Burchard reaction	+	+	-	-	-	-	-	-	-
	Shinoda test	+	-	-	-	-	-	-	-	-
Flavonoids	Sulphuric acid test	+	+	+	-	-	-	-	-	-
	Lead acetate test	+	+	-	-	-	-	-	-	-
	5% FeCl <sub>3</sub> test	-	-	-	-	-	+	+	-	-
Tannins/phenolic compounds	Lead acetate test	+	+	+	-	-	-	-	-	+
	KMnO <sub>4</sub> test	+	+	+	-	-	-	-	-	-
Cardiac glycosides	Keller –Killiani's test	-	-	-	+	-	-	+	-	-

# Thin layer chromatography

The thin layer chromatographic profiles of the three extracts of the three different plant parts are shown in Figure 2. The alcoholic and hydroalcoholic extracts of BMF (lanes 2 and 3) show a band whose Rf corresponds to the standard isobutrin, Rf 0.28 (Lane 1, Figure 2a). In case of BML, the alcoholic extract (Lane 1) exhibited an accurate separation, compared to its other two extracts. There were bands of Rf 0.25, 0.57, and 0.82 in the BML AL sample, while bands of Rf 0.21, 0.42 and 0.78 were seen in BML HA (Lane 2, Figure 2b). The BMS AL and BMS HA lanes (1 and 2) showed a profile very similar to that of the standardised extract of BMS (lane 4), with corresponding Rf of 0.33 and 0.53. The aqueous extracts of all the three plant parts failed to run and exhibit any separation (Figure 2c).



Figure 2: TLC profiles of BMF, BML and BMS. (a. BMF – Lanes: 1. Isobutrin, 2. BMF AL, 3. BMF HA, 4. BMF AQ, b. BML - Lanes: 1. BML AL, 2. BML HA, 3. BML AQ, c. BMS - Lanes: 1. BMS AL, 2. BMS HA, 3. BMS AQ, 4. BMS standard extract).

#### **Total phenol content:**

Total phenolic contents of the extracts were expressed as milligrams of gallic acid equivalents. Figure 3a represents the standard curve for the total phenol content using gallic acid as the standard. As seen in Fig 3b, BMF HA exhibited the highest total phenolic content, with 165.3  $\mu$ g/mg of gallic acid equivalents (GAE), while BMS AQ showed only 25.2  $\mu$ g/mg of GAE.

#### **Total flavonoid content:**

A quercetin standard curve was plotted and is represented in Figure 4a. The alcoholic extract of the flower, BMF AL showed flavonoid content in  $\mu$ g/mg equivalents of quercetin (256.5  $\mu$ g/mg), followed by that of the leaf, BML AL (164.4  $\mu$ g/mg), as shown in Figure 4b.



Figure 3: a. Gallic acid standard calibration curve for the estimation of total phenols b: Total phenolic contents of all the plant extracts.

#### DPPH radical scavenging activity assay:

The DPPH radical scavenging activity of the extracts was recorded in terms of percent inhibition, with BMS AL exhibiting an inhibition of 91.27 %, followed closely by BMF HA (90.11%) and BMF AL (88.58%). Figure 5 represents the results of all the other extracts. With respect to the above

results so far, it was found that BMF AL, BMF HA and BMS AL were proven to be effective compared to the rest of the extracts, in terms of the amount of flavonoid and phenol contents and their anti-oxidant activities. Hence, these three extracts were studied for their reducing power, their anti-glycation and their anti-inflammatory activity.



Figure 4: a. Quercetin standard calibration curve for the estimation of total flavonoids b: Total flavonoid contents of all the plant extracts.

# FRAP assay

The reducing power of the three extracts, i.e. BMF AL, BMF HA, and BMS AL, was measured with the help of FRAP assay. Ascorbic acid, the standard, showed a significantly high reducing power at 700 nm, but among the extracts, BMS AL exhibited the highest reducing power of 0.43 as against the second highest of 0.28 recorded by BMF AL (Table 7).

#### Anti-glycation assay

The measure of an extract to inhibit or restrict the glycation of a standard protein in conditions mimicking in vivo ones is given by the anti-glycation assay. Here, a negative was introduced so as to check the amount of glycation occurring in the absence of either a standard inhibitor, or any extract. Hence, the negative showed maximum glycation over a period of 21 days. As seen in Figure 6, the extent of inhibition of glycation was in the order: Pos 400> Pos 300> BMF HA> BMS AL> BMF AL> Negative.



*Figure 5:* DPPH antioxidant activities of all BM extracts in terms of % inhibition.

Table 7:	Reducing	powers of	the standa	ird and	extract at	700 nm.
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Sample	Reducing power at 700 nm
Ascorbic acid	1.65 ± 0.96
BMF AL	0.28 ± 0.54
BMF HA	0.23 ± 1.02
BMS AL	0.43 ± 1.10

#### Anti-inflammatory assay

The anti-inflammatory assay employs the principle of albumin denaturation at high temperatures. Here, the drug diclofenac was used as the standard. The results are shown in Figure 7. BMF AL, BMS AL, and BMF HA worked better at inhibiting albumin denaturation, compared to the standard drug. Though the drug showed a progressive decrease in albumin denaturation as its concentration increased, none of the extracts displayed such a trend. BMF HA proved to be an effective anti-inflammatory extract, with the other two extracts are coming a close second.



Figure 6: Anti-glycation activity of all BM extracts.



Figure 7: Anti-inflammatory activity of all BM extracts.

#### Discussion

*Butea monosperma* is found in the tropical and subtropical regions of the Indian subcontinent, and has been used not only as a medicinal plant, but is also used in the dyes and pesticide industry [26]. Though BM has been studied as an antidiabetic and all the parts of the plant, i.e. the seeds, flowers, roots, leaves and stem have been used for medicinal purposes, the plant is yet to be studied extensively as a possible treatment for complications of diabetes. Hence this study was aimed at comparing the pharmacognostic and phytochemical profiles of the different extracts of the flowers, leaves and stem of the plant and choosing the extracts most endowed with phytochemicals to further assess their *in vitro* anti-oxidant, anti-glycation and anti-inflammatory activities, as oxidation, glycation and inflammation are the most common etiology of diabetic complications.

Preliminary studies like those of the organoleptic characteristics of a particular plant sample, their microscopic details, their chromatographic profiles and their physicochemical parameters give a measure of their purity and authenticity.

Alcohol was the ideal solvent for extraction of the phytoconstituents as the yield was the highest in all the alcoholic extracts. Most of the *in vivo* studies have been carried out with the alcoholic flower extracts of BM [16,27,28]. Phytochemical screening served as a preliminary test to identify the phytochemical groups present in the extracts, and phenols and flavonoids were found to be present in abundance, compared to alkaloids or steroids. These results as echoed in other studies which have found that flavonoids are present in abundance in the flower of BM [8,29]. This was confirmed by the fact that the quantitative sterol content estimation revealed almost no sterols, but the quantitative phenol and flavonoid content was high enough to be the possible reason for the medicinal properties of the extracts.

Total phenolic content of the extracts was estimated by using Folin- Ciocalteu reagent and BMF HA exhibited the highest total phenolic content. The total flavonoid content of all the extracts was carried out by the AlCl3 method and the alcoholic extract of the flower, BMF AL showed the maximum amount of flavonoid content. This finding serves as an indication to the fact that alcohol extracts a large amount of phytoconstituents (it gives the higher yield too) thus increasing the therapeutic pharmacological activity.

Phenols and flavonoids have been known to possess antioxidant activities, hence these results validated the purpose of studying the extracts for their anti-oxidant, anti-glycation and anti-inflammatory activities. The DPPH radical scavenging assay is a gold standard to assess the anti-oxidant nature of extracts. Recorded in terms of percent inhibition, BMS AL exhibited the highest inhibition. Keeping these observations in mind, BMF AL, BMF HA and BMS AL were carried forward to study their reducing power, their anti-glycation and their anti-inflammatory activity.

The reducing power of a sample tests its ability to transform Fe (III) to Fe (II), confirmed by the formation of a blue coloured complex and can be measured spectrophotometrically at 700 nm. Among the extracts, BMS AL exhibited the highest reducing power. Hence it can be said that as far as anti-oxidant properties are concerned, the alcoholic extract of the stem (BMS AL) was the most effective [30]. This also indicates that though flavonoids are known to be anti-oxidant in nature, other phytoconstituents complement their anti-oxidant activity. The stem of BM is known to contain flavonoids and other constituents, which may contribute to its efficacy [31-33].

In the anti-glycation assay, NBT was used as a mediator. Glycated products are formed when the extracts are unable to inhibit the glycation of proteins. Such glycated products possess the ability to reduce NBT. The higher the reduction of NBT by the reaction mixture, the higher is the amount of glycated products present, and the higher is the absorbance. Here, this indicated that BMF HA, possessed the highest antiglycation activity, followed by BMS AL and BMF AL. The negative control which had no extract showed highest absorbance till day 21. The standard anti-glycating agent aminoguanidine showed higher powers of anti-glycation as was expected, compared to the extracts. Such a study of glycation activity BM flower extracts has not been reported.

The anti-inflammatory assay employs the principle of deliberate albumin denaturation at high temperatures and checking for agents that inhibit this denaturation. BSA expresses antigens associated with type III hypersensitive reactions and which are related to inflammatory diseases. Hence, agents that inhibit denaturation of serum albumin (or BSA) are likely to have high anti-inflammatory properties. The assay results showed that all the three extracts, i.e. BMF AL, BMS AL, and BMF HA worked better at inhibiting albumin denaturation, compared to the standard drug. Other studies, too, have focussed on the in vitro anti-inflammatory activity of BM, albeit in a different manner, but nevertheless, they found that both flowers and stem possess good anti-inflammatory activity, which is reflected in this study [33,34].

From the above studies, it can be postulated that the extracts of BMS and BMF could be used in unison, or individually to develop an agent possessing anti-oxidant, anti-glycation and anti-inflammatory activities. Moreover, flavonoids and phenols could be exclusively extracted and tested for these pharmacological activities to further strengthen their use as agents against diabetic complications. The leaf extracts in this study proved to be weaker, compared to the stem and flower extracts.

# Conclusion

A detailed pharmacognostic and phytochemical study was performed on the three plant parts of BM. BMF HA and BMF AL possessed the maximum phenol and flavonoid content, respectively, along with the highest anti-glycation and antiinflammatory activities, while BMS AL showed maximum anti-oxidant properties.

# **Conflict of Interest**

There are no conflicts of interest between authors.

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