



Can we Treat Urinary Tract Infections without Using Any Antibiotics?

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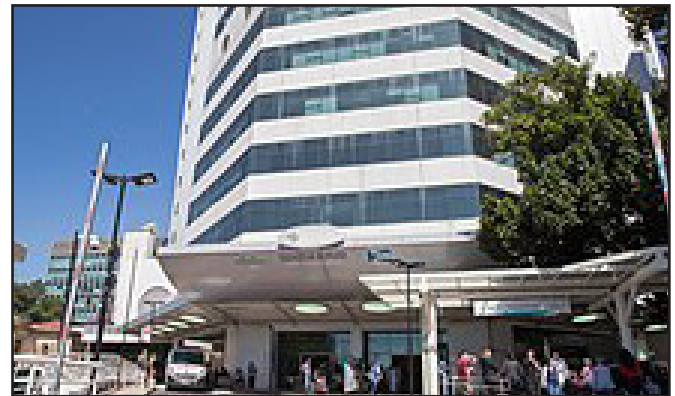
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Abstract:

Introduction: Several studies point out urinary tract infections as a widely common pathology worldwide. In Traditional Chinese Medicine, the physiopathology of the disease is Kidney Yin deficiency, Blood deficiency and Heat Retention. **Purpose:** The purpose of this study is to demonstrate the possibility of treating urinary tract infections without using antibiotics. **Methods:** The interpretation and analysis of recent articles regarding the treatment of urinary tract infections in Western medicine, traditional Chinese medicine and Hippocratic medicine. The description and analysis of two case-reports. The first from a 75-year-old woman and the second from a 45-year-old female patient both with symptoms of dysuria and diagnosed with urinary tract infection, with positive urine culture for bacteria (more than a hundred thousand colonies per ml). **Results:** All patients presented improvement of the symptoms and urine cultures positive for bacteria before the treatment and negative urine culture after the treatment only with Chinese dietary counselling, acupuncture and apex ear bloodletting, not requiring antibiotics use in neither of the cases. Both patients presented complete improvement of urinary tract infections with one session of auricular acupuncture with apex ear bloodletting. The result for both cases appeared in a few days. **Conclusion:** It is possible to treat urinary tract infections without using antibiotics, according to these two case reports. For this aim, it is important to treat the patient through an integral pathway, focusing the treatment in the energy disturbances, the underlying cause of the symptoms.

Biography:

Huang Wei Ling, born in Taiwan, raised and graduated in medicine in Brazil, specialist in infectious and parasitic diseases, General Practitioner and Parenteral and Enteral Medical Nutrition Therapist. Once in charge of the



Hospital Infection Control Service of the City of Franca's General Hospital, she was responsible for the control of all prescribed antimicrobial medication and received an award for the best paper presented at the Brazilian Hospital Infection Control Congress (1998). Since 1997, she works with the approach and treatment of all chronic diseases in a holistic way, with treatment guided through teachings of traditional Chinese medicine and Hippocrates.

Recent Publications:

1. Huang Wei Ling, Energy Disturbances in panic syndrome and how can we treat it in adolescence? *J Neurol Exp Neural*. 2020; 3(1):139.
2. Huang Wei Ling, Energy alterations Leading do dyspnea in patients with mitral valve stenosis. *Acta Scientific Medical Sciences*. 2020; 4(6):95-101.
3. Huang Wei Ling, Energy imbalances and chakras energy replenishment to treat patients with urinary incontinence and sexual dysfunction post-cancer prostatectomy. *J Androl Gynaecol*. 2020; 8(1):7.
4. Huang Wei Ling, The Importance of Correcting Chakras Energy Centers Alterations to Prevent Pacemaker Indication. *Acta Scientific Medical Sciences*. 2020; 4(6):102-109.

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