

Asymptomatic eye diseases masquerading refractive error

Vasu Kumar Garg*

International College of Ophthalmologists, Dubai



Abstract

Almost 26 percent patients presenting to the optometry clinic with refractive based symptoms only have been noted to have eye disease which may require ophthalmologist intervention. Lattice degeneration of retina was noted to be the most common finding present in upto 8 percent of patients. Optometrists are Sometimes the only doctor a young, healthy patient sees and therefore are in the best position to deliver primary eyecare services to people who do not otherwise access the system. Eye examination should include not only refraction but also tonometry, anterior segment and fundus examination. Special attention should be given to high risk patients-age >40yrs, History of systemic ailments like hypertension, diabetes, coronary artery disease, family history of ocular diseases, patients on long term topical or systemic medications esp corticosteroids.

prior to joining NMC healthcare. Dr. Vasu is an active member of Vitreo-retina Society of India (VRSI), All India Ophthalmological Society (AIOS), American Academy of Ophthalmology (AAO) and Delhi Ophthalmological Society (DOS).

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Biography:

Vasu Kumar underwent his undergraduate medical training (MBBS) from the prestigious Maulana Azad Medical College, Delhi, ranked as one of the best medical colleges in India. He did his post-graduation (MS Ophthalmology) and subsequent Vitreo-retina training from Guru Nanak Eye Centre (Maulana Azad Medical College) which is one of the largest tertiary eyecare centres in North India. Dr. Vasu was conferred Diplomate National Board (Ophthalmology) in 2011. He was awarded various fellowships such as Fellow of All India Collegium of Ophthalmologist (FAICO Vitreo-Retina) in 2012 and Fellow of International College of Ophthalmologists (FICO) U.K. in 2014. He did Fellowship training in treatment of Retinopathy of Prematurity (retinal diseases in newborn children) from LV Prasad eye institute, India. He worked as Associate Consultant Vitreo-retina and Cataract services at Centre for Sight group of Eye Hospitals, New Delhi for 2 years