



Analysis of the palliative care need for the population of Precarpathian region

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Abstract

Within the framework of the last XVI EAPC Congress (Madrid, May 18-20, 2017), the need for palliative care around the world will increase at least three times by 2040. Therefore, assessing and analyzing such a need in our region is an urgent task for planning the proportion of different types of settings, such assistance, necessary human resources and facilities. It is crucial to predict which forms of palliative care giving will be needed. And which of them will be the most comfortable for the patient and his family members. That was our task.

Result

We performed an analysis of the 5-year trends in mortality and morbidity in the Precarpathian population in order to understand the changes in the number and causes of deaths in our region. The main trends of morbidity and mortality in the three most important nosological groups were analyzed, namely: cardiovascular, oncological and cerebrovascular diseases. In terms of mortality rates, a clear increase was observed in the cardiovascular groups and cerebrovascular, but non-cancerous diseases. In parallel, a survey was conducted among the inhabitants of Precarpathian region (969 people were interviewed). It has been established that 72.4% of residents do not know at all what such palliative care is and where it is provided. 80.6% of the residents of region indicated that in the event of a severe incurable illness, they would like to pass away complete at, but with the help of doctors of the mobile specialized hospice team.

Conclusions

Detected trends of mortality and morbidity show the acute need of residents of the city and region in expanding the availability of palliative care for patients with chronic incurable diseases, especially at home, visiting mobile team.

Biography

Iryna Slugotska has completed her PhD at the age of 40 years from Donetsk National Medical University, Ukraine. She is the director of Regional Clinical Palliative Care Centre in Ukraine. She has over 21 publications that have been cited over 30 times.

Publications

Iryna Slugotska. One-week multidisciplinary post-graduate palliative care training: an outcome-based program evaluation. BMC Med Educ. 2020 Aug 18;20(1):276.



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