A View to the destiny: opportunities and demanding situations for food and nutrition Sustainability.

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Abstract

The challenges to achieving sustainability in food and nutrition are daunting. The present paper summarizes 3 individual papers that are part of this special collection. The lynchpin for synthesizing the papers is sustainability and food systems. Within each of these domains are embedded a myriad of factors, each of which are essential for the sustainable transformation of food systems. Controversies surrounding the concepts of a healthy diet, sustainable agricultural production, and maximizing the dietary impacts of food environments are discussed and evaluated in the context of the current food and nutrition landscape".

Keywords: BMI, Nutrition, food plan.

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Introduction

The 17 UN Sustainable development dreams (SDGs) provide a blueprint for sustainable worldwide development for modernday and future generations (1). SDG-2 focuses on food security and vitamins, particularly targeting zero hunger, attaining meals protection, doing away with malnutrition in all its forms, and selling sustainable agriculture. SDG-12, a related purpose, requires accountable production and consumption. Our capacity to acquire these dreams will demand on some introspection with regard to the contemporary and destiny meals manufacturing, international nutrition, and health.

Agriculture, public health, and the surroundings are deeply interconnected and accomplishing successes in all areas would require a new paradigm of open, frank, but collegial, movedisciplinary discourse and interplay that isn't truely prescriptive (eight). it will require definitions of boundaries and metrics used to measure success/failure. Discussions of accountable production and consumption cannot be assessed piecemeal and particularly require evaluation of tradeoffs among sustainable manufacturing and healthful diets. the focus and scope of this special series are designed to assist those critical conversations.

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