



A Study to Assess the Knowledge, Attitude and Practice Regarding Play Needs Among Mother's of Under Five Children

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Abstract

The present study was undertaken to assess the knowledge, attitude and practice regarding play needs among mother of under five children. The study was conducted in pediatric ward and pediatric OPD at PIMS Puducherry. Totally 100 samples were selected for this study. Data was collected by B.Sc Nursing students.

Parents must know the play needs of their children to take care of sound mental and physical health. Under five children need a safe, healthy, environment and warm, responsive adults to stimulate their growth and development. It's nature and nurture working together that enhances physical, social, emotional, cognitive, cultural and artistic growth in children

This study was done to assess the level of knowledge, attitude and practice of mothers of under five children and to improve awareness regarding importance of play, it revealed that 26 (26%) had inadequate knowledge, 51 (51%) had moderately adequate knowledge and 23 (23%) had adequate knowledge regarding importance of play needs of under five children.

Biography

Bhavani is a lecturer at Pondicherry Institute of Medical Sciences, Puducherry, India.



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