

## 9<sup>th</sup> International Conference on COPD and Lungs, Tokyo, Japan, August 19-20, 2017 - Lower or Upper Approach; Catheter Ablation of Supraventricular Arrhythmia in a Patient with Azygos Continuation of Inferior Vena Cava.

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### Introduction

The success of catheter ablation for treatment of cardiac arrhythmias has led to the extensive use of this therapy. Recall that the catheter ablation is usually performed via the femoral vein. But, the interruption of IVC with azygos continuation which is resulted from either the congenital or acquired causes can occasionally prevent catheter access to the proper atrium (RA). The prevalence of interrupted IVC with azygos continuation is 0.1-0.3% in patients without congenital heart disease. In this case, we'll introduce a successful ablation of slow pathway through the vena femoralis during a patient with the azygos continuation of interrupted IVC and polysplenia.

### Case Presentation

A 53-year-old female patient was admitted to the hospital with the symptoms of palpitation and dizziness which lasted one hour with a frequency of 3-4 times in a month even if she was using various antiarrhythmic drugs. Physical examination and laboratory findings were normal. A 12-lead electrocardiogram (ECG) during sinus rhythm confirmed the absence of ventricular pre-excitation and other abnormality. In the patient's previous ECG, we saw the existence of regular narrow QRS tachycardia with the rate 180-200 bpm which led us to the atrioventricular nodal reentrant tachycardia (AVNRT). Echocardiographic examination showed us that the hepatic veins were draining directly into the right atrium. Abdominal computed tomography revealed the polysplenia and interrupted IVC with dilated azygos continuation. After the informed consent, the patient was taken to the electrophysiology laboratory. In the venography, the interrupted IVC with dilated azygos continuation and drainage to the right atrium were seen. Thereafter, two venous sheaths were placed into the right

femoral vein. Subsequently, a diagnostic quadripolar catheter (Soloist, Medtronic, MN, USA) and a 4 mm curve RF ablation catheter (Marinr, Medtronic, MN, USA) were advanced from the proper vena femoralis through the superior vein via the azygos continuation and eventually to the proper atrium. Since the azygos vein was so dilated, there was no difficulty as we passed through it. After that, the programmed stimulation from the RA induced slow-fast atrioventricular nodal reentrant tachycardia (AVNRT) with a cycle length of 330 msec. Here, the use of tachycardia entrainment via ventricular pacing was useful in differential diagnosis of supraventricular tachycardias. The difference within the AH interval between atrial pacing and therefore the tachycardia could also allow differentiation of atypical AVNRT from other sorts of long RP tachycardias. The ventriculoatrial (VA) interval and tachycardia cycle length (TCL) were measured during tachycardia, and entrainment of the tachycardia was accomplished with RV apical pacing. The intervals between the last ventricular pacing stimulus and entrained atrial depolarization during tachycardia (SA) as well as the post-pacing interval (PPI) were considered. In this case, we saw that the SA-VA and PPI-TCL intervals were 95 and 130 msec, respectively. Thereafter, radiofrequency energy was delivered to the posterior aspect of Koch's triangle where slow pathway potentials were observed. After the ablation, no tachycardia was induced and also no dual AV node conduction properties were detected. Without any antiarrhythmic medication, the patient was discharged in the next day. After three months, it was observed that the patient was still asymptomatic and remained in sinus rhythm.

### Discussion

The most common anomaly involving IVC is that the

absence of infrahepatic segment and connection to the superior vein (SVC) through the azygous vein. In this respect, the IVC is interrupted above the level of renal veins and thus the systemic venous drainage which is below the interruption runs into the SVC via an enlarged azygos vein. Although anomalies of the venous system may complicate catheter ablation strategies in several sorts of arrhythmias, successful radiofrequency ablation (RFA) of AVNRT, vena pulmonalis isolation to treat fibrillation have been previously reported. As is known, the positioning and manipulation of the catheters for recording and mapping are more difficult due to the longer course and sharp angulation of azygos vein entering the SVC. In the lit-

erature, a number of authors have used the lower venous approach so as to access into the proper atrium while the others have preferred the superior venous approach for ablation of different arrhythmias. The most common access to the heart is from the femoral approach and this technique is highly effective and safe. Due to its common practice, we have used the long sheath and lower approach and left the upper approach for more complex ablation that needs more stability of catheter. Furthermore, the interruption of IVC may be technically challenging, but it does not preclude RFA as one of therapeutic modalities.