

## **Expression and prognostic value of MIR-610 in patients with colorectal cancer.**

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### **Abstract**

**Background:** MIR-610 has been identified as a tumor suppressor in colorectal cancer (CRC). However, its prognostic value in colorectal cancer remains unclear. The aim of this study was to explore the significance of miR-610 expression in prognosis of colorectal cancer.

**Methods:** The expression of MIR-610 was determined in 209 pairs of CRC samples and the corresponding surrounding non-tumor tissues by Quantitative RT-PCR. Then, the association of miR-610 expression with clinicopathological factors and the prognosis of colorectal cancer patients were also analysed.

**Results:** The expression of MIR-610 was significantly down regulated in colorectal cancer when compared to the non-tumorous tissues ( $p < 0.001$ ). Low level of miR-610 was obviously related to large tumor size, positive lymph node metastasis, and advanced clinical stage. Moreover, Kaplan-Meier survival analysis showed that the overall survival rate of the low miR-610 expression group was significantly lower than that of the high miR-610 expression group ( $p < 0.001$ ). The multivariate analysis identified low MIR-154 expression as an independent predictor of poor survival.

**Conclusions:** MIR-610 may play an important role in the progression of colorectal cancer, and could be used as an independent prognostic biomarker for patients with colorectal cancer.

**Keywords:** MIR-610, Colorectal cancer, Prognosis, Overall survival.

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### **Introduction**

Colorectal Cancer (CRC) is the second most common type of cancer and the fourth leading cause of cancer-related mortality worldwide [1,2]. Recent progress in diagnosis and therapy methods has helped to cure this disease of many patients at early stage [3], but patients with advanced stage are refractory to existing therapies and have a poor prognosis. For advanced CRC patients, several novel molecular targeted therapies can be applied but with limited therapeutic effects [4,5].

Therefore, the identification of novel diagnostic and prognostic biomarkers for treatment response is eagerly desired. MicroRNAs (miRNAs) are a group of endogenous, small (18-24 nucleotides in length), non-coding RNAs which modulate gene expression by regulating mRNAs via binding to the 3'-untranslated regions (3'-UTR) [6-8].

MiRNAs have been shown to play fundamental roles in diverse biological and pathological processes, including cell proliferation, differentiation, apoptosis, and carcinogenesis [9,10]. Emerging evidence also shows that cancer is associated with very complex genetic alternations in oncogenes and tumor suppressors [11,12]. These findings suggest that miRs act not only as diagnostic and prognostic markers but also as potential therapeutic targets of CRC.

Recently, several studies showed that MiR-610 functions as a tumor suppressor miRNA and is deregulated in different types of cancers, including hepatocellular carcinoma (HCC), gastric cancer (GC) and lung cancer [13-15]. However, the role of miR-610 in CRC and its association with prognosis have not been reported. Here we examine MIR-610 expression in human CRC and investigate the clinical significance of MIR-610 expression.

### **Material and Methods**

#### ***Tissue samples***

Surgical specimens of cancer tissue and paired adjacent normal mucosa were obtained from 209 patients with colorectal cancer who underwent surgery at Department of Oncology, the First Affiliated Hospital of Nanyang Medical College from 2007 to 2014. None of the patients had received radiation therapy or chemotherapy before surgery. After collection, all tissue samples were immediately stored in RNA stabilization reagent until use.

Survival time was calculated from the date of surgery to the time of death. The data of patients were shown in Table 1. Informed consent was obtained from all patients, and the

research was approved by the Ethics Committee of the First Affiliated Hospital of Nanyang Medical College.

### **Total RNA isolation and quantitative reverse transcription-polymerase chain reaction (qRT-PCR)**

To detect miRNA expression by qRT-PCR, total RNA was extracted from tissue samples using the Trizol reagent (Invitrogen, Carlsbad, CA, USA). Quantification of miRNAs was performed using the miRscript SYBR Green PCR kit (Qiagen, Hilden, Germany). The PCR program for detecting miRs was as follows: 50°C for 2 min, 95°C for 10 min, 40 cycles of 95°C for 15 s, and 60°C for 1 min. the U6 gene was used as an internal control to normalize variances. The fold changes in miRNAs were calculated by the equation  $2^{-\Delta\Delta Ct}$ , where  $\Delta Ct = (CT_{miR-124} - CT_{U6})$ .

### **Statistical analysis**

The comparison of the expression level of MIR-610 between colorectal cancer tissue and adjacent normal tissue was performed using the two-sample Student's t test. Either independent sample t test or one-way ANOVA was used to evaluate the possible relationships between the expression levels of miR-610 and various clinicopathological parameters. Overall Survival (OS) curves were analyzed using the Kaplan-Meier method, and the differences were examined using log-rank tests. A multivariate survival analysis was performed for all parameters that were significant in the univariate analyses using the Cox regression model. P values < 0.05 were considered as statistically significant. Statistical analyses were performed by SPSS Windows version 19.

## **Results**

### **Expression of miR-610 was downregulated in CRC tissues**

The expression levels of MIR-610 were detected in 209 pairs of CRC and adjacent normal colorectal tissues normalized to RNU6B. As shown in Figure 1, we found the expression levels of MIR-610 to be distinctly decreased in tissues with CRC compared with adjacent normal colorectal tissues. The results showed that MIR-610 expression level in human CRC tissues was significantly lower than that in adjacent non-tumorous tissues ( $p < 0.01$ ).

### **The association between miR-610 expression and clinical-pathological parameters**

The mean expression level of MIR-610 was used to classify the patients with CRC into high-MIR-610 group ( $> 0.52$ ) and low-MIR-610 group ( $< 0.52$ ). As shown in Table 1, we observed that the expression level of MIR-610 was positively correlated with tumor size ( $p = 0.01$ ), lymph node metastasis ( $p = 0.005$ ), and advanced clinical stage ( $p = 0.003$ ). No statistically

significant association of MIR-610 expression with patients' age, gender, tumor differentiation, and depth of invasion.

**Table 1.** A comparison of miR-610 expression in CRC and clinicopathological features.

Variables	Cases (n=209)	MIR-610 expression level		p value
		Low expression	High expression	
<b>Age (years)</b>				
<55	109	58	51	0.37
≥ 55	100	47	53	
<b>Gender</b>				
man	112	52	60	0.236
woman	97	53	44	
<b>Tumor size (cm)</b>				
<5	98	40	58	0.01
≥ 5	111	65	46	
<b>Histology/differentiation</b>				
Well + moderate	107	48	59	0.111
Poor	102	57	45	
<b>Depth of invasion</b>				
T1+T2	91	41	50	0.188
T3+T4	118	64	54	
<b>N classification</b>				
Negative	96	38	58	0.005
Positive	113	67	46	
<b>TNM stage</b>				
I	43	14	29	0.003
II	65	29	36	
III	101	62	39	

### **Low MIR-610 expression predicts poor prognosis in patients with CRC**

To investigate the prognostic value of MIR-610 for CRC using the Kaplan-Meier method and log-rank test, we observed that OS was significantly lower in the patients with low MIR-610 level than in those with high levels ( $p < 0.001$ , Figure 2). Multivariate analysis revealed MIR-610 ( $p = 0.017$ ), lymph node metastasis (0.004) and TNM stage ( $p = 0.002$ ) played a significant role of independent prognostic markers in overall survival rates (Table 2).

**Table 2.** Univariate and multivariate analyses of prognostic factors in colorectal cancer.

Variable	Univariate analysis			Multivariate analysis		
	HR	95 % CI	P value	HR	95 % CI	P value
Age (years)	1.521	0.331-3.761	0.312	-	-	-
Gender	1.235	0.422-2.561	0.841	-	-	-
Histological grading	1.663	0.681-3.631	0.164	-	-	-
Tumor size	2.778	1.238-5.313	0.031	2.264	0.893-4.717	0.089
Depth of invasion	2.442	1.212-5.668	0.036	1.763	0.732-3.414	0.253
Lymph node metastasis	5.617	2.015-11.441	0.003	5.226	2.427-11.891	0.004
Clinical staging	3.164	1.448-5.782	0.019	5.671	2.341-11.991	0.002
MIR-610	3.771	1.679	0.002	2.984	1.212-4.883	0.017

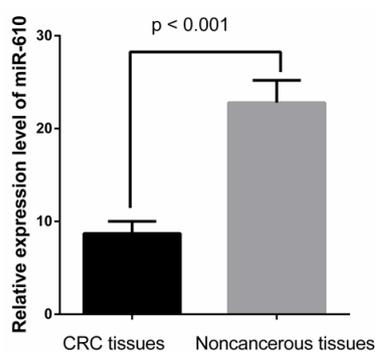


Figure 1. The expression levels of mir-610 in CRC tissues and non-cancerous tissues

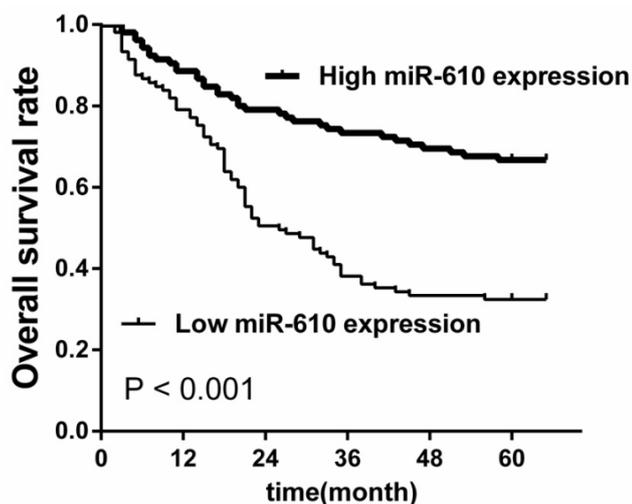


Figure 2. The survival rate and MIR-610 expression.

### Discussion

Although various treatment improvements have been developed for CRC, including molecular targeted therapy, gene therapy, and immunotherapy. However, the 5-year overall and disease-free survival rates for CRC patients are around 50-60% [16]. More and more studies have shown that miRNAs could serve as an efficient prognostic factor for cancer patients. In

our present study, we explore the prognostic value of MIR-610 in CRC patients. To our knowledge, this is the first time to investigate the clinical significance of MIR-610 expression in CRC. Our results showed that the expression levels of MIR-610 in tumor samples were much lower than those in normal colonic mucosa samples ( $p < 0.001$ ) and the low-expression level of MIR-610 was correlated with large tumor size ( $p = 0.01$ ), positive lymph node metastasis ( $p = 0.005$ ), and advanced clinical stage ( $p = 0.003$ ). Furthermore, Patients with lower miR-610 expression had significantly poorer OS. In a multivariate Cox model, we found that MIR-610 expression was an independent predictor of poor prognosis. All those results suggest that miR-610 play an important role in prognostic of patients with CRC.

MIR-610 downregulation has been reported to play important roles in cancer progression. For instance, Zeng et al. reported MIR-610 was downregulated in human HCC cells and tissues and overexpression of miR-610 reduced, HCC cell proliferation and tumorigenicity both *in vitro* and *in vivo* [13]. Wang et al. found that MIR-610 function as a tumor suppressor by repressing Vasodilator-Stimulated Expression Phosphoprotein (VASP) [14]. Jin et al. observed that MIR-610 suppresses lung cancer cell proliferation and invasion by targeting GJA3 [15]. Those results informed that MIR-610 expression may be correlated with tumor progression. Recently, Li et al. firstly reported that MIR-610 was down-regulated in CRC [17]. Furthermore, Sun et al. found that MIR-610 expression in CRC tissues was significantly lower than that in matched normal adjacent tissues and identified Hepatoma-derived Growth Factor (HDGF) as a direct target of MIR-610 in CRC cells [18]. Those results indicated that miR-610 may function as a potential tumor suppressor. Suggesting that miR-610 could be used as a marker of poor prognosis in CRC patients.

### Conclusions

Our results revealed that MIR-610 was down-expressed in glioma tumors and that high expression level of MIR-610 was strongly associated with poor prognosis. MIR-610 may thus be useful for evaluating prognosis and may provide a novel target

for the treatment of patients with CRC. Hence, the detailed biological mechanism of MIR-610 down-regulation in CRC tumorigenesis and progression deserves further study.

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