Compared to normal cells, cancer cells depend on the generation of excessive amounts of metabolic energy to induce cellular proliferation and metastatic growth. In the presence of oxygen, normal cells predominantly utilize mitochondrial oxidative phosphorylation; whereas cancer cells rely on the anaerobic glycolysis pathway—converting glucose to lactate—to fulfill their respective energetic requirements. This preference by cancer cells towards the anaerobic glycolysis process in normal oxygen level environments is known as the “Warburg effect”. The phosphatidylinositol-3 kinase (PI3K) and AMP-activated kinase (AMPK) pathways play important roles in aerobic glycolytic signaling and regulation. Specifically, the PI3k pathway regulates glycolysis-through AKT1 protein kinase (AKT1) and mTOR signaling—thereby activating the hypoxia inducible transcription factor (HIF-1) response. Furthermore, AMPK controls cell proliferation under metabolic stress conditions, where active AMKP inhibits mammalian target of rapamycin (mTOR) activity. The elevated anaerobic glycolysis levels among many tumors are hypoxic and the glycolysis inhibitors have potential applications in curbing cancer proliferation and metastasis. Several natural products target various proteins participating in cellular glycolysis, by interfering with the glycolytic signaling pathways. Numerous natural products with diverse structural characteristics have been identified as potential targets to restrict aerobic glycolysis in cancer cells.

Recently, 2-deoxy-D-glucose (1), 3-bromopyruvate (2), 3-bromo-2-oxopropionate-1-propyl ester (3), 5-thioglucose (4) and dichloroacetic acid (5) were investigated as potential glycolysis inhibitors. Furthermore, natural product compound classes—such as alkaloids flavonoids, polyphenols, quinones, and terpenoids—showed promising anticancer and anti-metastatic activities, through the restriction of aerobic glycolysis, and promotion of anaerobic glycolysis in cancer cells.

Keywords: Warburg effect, Glycolysis, Dichloroacetic acid, Flavonoids, Polyphenols.
rates greater than 200 times, higher than their neighbouring normal cells. Otto Heinrich Warburg postulated that the cellular level switching toward high energy production through glycolysis is the fundamental cause of cancer [5]. Compared to normal cells, cancer cells are highly proliferative and therefore depend on a faster mode of energy production. Glucose that enters into a cell is subject to a series of enzymatic reactions to generate pyruvate, which is subsequently transported to the mitochondria to be metabolized into carbon dioxide, water, and ATP. Under anaerobic conditions, pyruvate is fermented into lactate via a catalytic Lactate Dehydrogenase (LDH) reaction. Cancer cells predominantly convert pyruvate to lactate, even under aerobic condition. Hence, LDH-A overexpression is commonly observed in cancer cells [6,7]. Furthermore, LDH-A inhibition has been shown to reduce cellular transformation, delay tumor initiation, and inhibit growth in breast cancer xenografts [8,9]. The depletion of LDH-A activity results in cellular apoptosis induced by mitochondria by generating reaction oxygen species [10]. LDH-B, another member of LDAs is overexpressed in non-malignant tissues relative to tumors. Depletion of LDH-B expression is an early and typical event in human breast cancer arising as a result of promoter methylation, which is probably because of an augmented glycolysis in cancer cells under hypoxia [11]. Since LDH has a pivotal role in aerobic glycolysis-a central point for cancer cell metabolism-research on lactate mediated glycolysis inhibition is considered a promising target to combat cancer. Several drugs developed to act on this target include 2-deoxy-D-glucose (1), 3-bromopyruvate (2), 3-bromo-2-oxopropionate-1-propyl ester (3), 5-thioglucose (4) and dichloroacetic acid (5) [12].

Mechanisms Involved in Warburg Effect

Hypoxia Inducible Factor-1 (HIF-1) is a vital transcription factor that plays a major role in the metabolic programming of tumor growth. The adenosine 5'-monophosphate-(AMP)- activate protein kinase (AMPK), phosphoinositide-3-kinase (PI3K)-/Akt, and Extracellular Regulated protein Kinase (ERK) play important function in signaling pathways, to stimulate glucose metabolic processes in cancer cells. In contrast, the majority of tumor suppressors, P53 and von Hippel-Lindau (VHL), antagonize these changes to keep cellular metabolism under control. Loss of VHL protein function can result in autosomal-dominant cancer syndrome (VHL disease). This disease manifests as retinal angiomas, hemangioblastomas of the central nervous system, renal clear-cell carcinomas, and pheochromocytomas. Impaired VHL protein function results in the accumulation of HIF, over expression of several HIF-induced gene products, and the development of highly vascular neoplasia. Glucose transporters-glucose transporter 1 (GLUT 1), Hexokinase (HK), Pyruvate Kinase (PK), and Lactate Dehydrogenase (LDH-A). HIF activation enhances angiogenesis and increases glucose uptake. Furthermore, HIF is associated with the mTOR pathway, an essential control of cellular growth. Hence it has been suggested that HIF activation may incapacitate the mTOR pathway [13,14].

Tumor M2-PK, a pyruvate kinase enzyme relative, gave rise to Warburg effect. M2-PK kinases are usually limited to cancer cells and seldom observed in normal cells. Rapidly proliferating tumor cells result in tumor M2-PK enabling cancer cells to consume glucose at elevated levels. The inhibition of tumor M2-PK production generates an alternative form of pyruvate kinase in tumor cells, which prevents tumor cell growth. Thus, M2 expression is an essential component of aerobic glycolysis (Figure 1) [15,16].

Natural Products

Natural products can regulate the HIF-1 induced Warburg effect. Glucose transporters and dehydrogenates are closely related to glycolysis. Several natural products affect the expression of glucose transporters, GLUT1 and GLUT4 circuitously, reasonably controlling upstream modulatory mechanisms. Several plants derived bioactive and structurally diverse anticancer compounds-including flavonoids, quinones, polyphenols and alkaloids-were also reported to control glucose transporter activity in different cancer cell models.

Flavonoids

Flavonoids, such as cyanidin (6), catechin (7), naringenin (8), hesperetin (9) apigenin (10), fisetin (11), quercetin (12) myricetin (13), diadzein (14), and genistein (15), are known glucose uptake inhibitors in human U937 cells [17].

Studies revealed that Genistein (15) attached to external surface of GLUT 1, whereas quercetin (12) intermingled with internal surface of GLUT 1. Combined, these observations suggest that 12 and 15 exhibit very different modes of action by binding to different GLUT 1 domains [18]. HIF-1 is a transcription factor for numerous target genes, essential for immunological responses and is a vital physiological regulator of homeostasis, vascularization and anaerobic metabolism. Hence, the inhibition and stimulation of HIF-1 transcriptional activity by small molecules is an attractive research target in the cancer treatment [19]. The HIF-1 pathway results in tumor proliferation, invasion, migration and adhesion which are important grounds for tumor malignancy. The inhibition of the
HIF-1α pathway represents a promising approach in cancer therapy, as HIF-1α is over expressed in various human cancers and their metastasis. Several flavonoids, namely isosakuranetin (16), kaempferol (17), beturetol (18), alpinumisoflavone (19) and 4-O-methylalpinumisoflavone (20), were discovered to inhibit HIF-1α by restricting hypoxia-induced HIF-1 activation [20-22]. Bavachinin (21) hinders the increase in HIF-1α activity in human KB carcinoma and HOS osteosarcoma cells in hypoxia [23]. Wogonin (22), a novel Multidrug Resistance (MDR) reversal agent, suppresses HIF-1α expression through the inhibition of PI3K/Akt signaling pathway resulting in glycolysis prevention [24,25].

**Poly-phenols**

Piceatannol (23) was examined for HIF-1α inhibitor potential, where it restricted hypoxia-induced HIF-1 activation [26]. Drupanin (24) and baccharin (25) inhibit the expression of HIF-1 and its target genes as inhibitors of HIF-1-dependent luciferase activity [27]. Curcumin (26) reverses the aerobic glycolysis, induced by an inflammatory microenvironment, independent of additional genetic mutations and signals from adjacent cells [28]. Molecular docking studies suggest that curcumin interact with α-ketoglutarate-dependent deoxygenase (FTO) protein at glycine 86, lysine 107 and glutathione 325, followed by the formation of three hydrogen bonds with high binding affinity [29]. Manassantin A (27), manassantin B (28) and 4-O-demethylmanassantin B (29) are potential HIF-1α inhibitors [30].

**Quinones**

A group of napthoquinones, alkannin (30), shikonin (31) and their derivatives exhibit potent inhibitory activity of PKM2 [31]. Furthermore, shikonin (31) display synergism with taxol (32), involved in the inhibition of ERK, Akt and p70S6 kinases [32]. An anthraquinone, rhein (33), is a potential HIF-1α and angiogenesis inhibitor in hormone dependent and independent cancer cells [33]. A anthracycline, carminomycin I (34) inhibits VHL defective (VHL-/-) clear cell renal cell carcinoma (CCRCC) cell proliferation and the P-gp mediated localization of carminomycin I (34) in CCRCC cells. P53, a tumor suppressor...
initiates the cell cycle arrest along with cell death after DNA damage and contributes to the genomic stability maintenance. In addition, P53 negatively delimits glycolysis through activation of P53-induced glycolysis regulator (TIGAR) [34].

Terpenoids

Furanodiene (35), a terpenoid with furan ring attachment, is observed to increase LDH release in cancer cells by prompting cell injury. Therefore, the change of LDH-A levels prevents cancer proliferation by hindering the metabolism or inducting cell damage. The glycolytic enzyme glyceraldehyde-3-phosphate dehydrogenase (GAPDH) exhibits numerous non-canonical functions, implicated in cell growth and survival by hypoxic-independence pathway [35]. Methyl jasmonate (36) intercalates to HK and disrupts its association with the voltage dependent anion channel (BDAC), leading to overall energetic impairment and stimulates the release of mitochondrial cytochrome C, triggering apoptosis in cancer cells [36]. The observed anticancer activity of pseudolaric acid B (37) is attributed to the restriction of hypoxia-induced HIF-1α activation by promoting pro tease-mediated degradation. Furthermore, pseudolaric acid B (37) mitigates angiogenesis [37]. Laurenditerpenol (38), isolated from marine red algae Laurencia intricate, is a selective and effective inhibitor of HIF-1 and hypoxia-induced VEGF in T47D cells. Laurenditerpenol (38) inhibits HIF-1 by hindering the induction of the oxygen-regulated HIF-α protein and suppressing the oxygen consumption of mitochondrial respiration [38]. Triptolide (39), isolated from Chinese herbal extracts, enhances drug sensitivity in resistant myeloid leukaemia cell lines through down regulation of HIF-1α and Nrf2 [39]. The fungal product, neoa baconol (40), reduces the glucose consumption and ATP generation by targeting PDK 1 and inhibits its downstream PI3-K/Akt-HK2 pathway, resulting in energy diminution [40]. Moreover, oleanolic acid (41), a pentacyclic triterpenoid compound, inactivates mTOR signaling pathway by switching PKM2/PKM1 and suppressing aerobic glycolysis in cancer cells. Therefore, it is suggested that PKM2 should be further explored as an important target in the aerobic glycolysis pathway to develop innovative anticancer agents. Oleanolic acid (41) activates AMPK-an important regulator of metabolism-in both prostate (PC-3) and breast (MCF-7) cancer cell lines [41,42]. Maslinic acid (42) has a close structural resemblance to oleanolic (41) acid with an additional hydroxyl at C-3 position. Maslinic acid (42) ameliorates neuron injury and apoptosis in hypoxic-cortical neurons. Furthermore, maslinic acid (42) inhibits oxygen-glucose deprivation-induced

Alkaloids

Caffeine (44) reduces p53α expression and induces p53β expression. Furthermore, caffeine (44) prompts the alternative splicing of other serine/arginine-rich splicing factor 3 (SRSF3) target genes, GLUT1, HIF-1α and HIF2α [45]. Lonidamine (45), a HK inhibitor, is a relatively new drug that impedes mitochondrial function, is observed to inhibit cellular oxygen consumption and energy metabolism in both normal and neoplastic cells. Another HK inhibitor, namely 2-deoxyglucose, is in the clinical trials (phase 1 and 2) for the treatment of advanced cancer and hormone refractory prostate cancer [46]. Brucine (46) stifes HIF-1-dependent luciferase activity in HepG2 cells and shows inhibitory effect in the lung metastasis of H22 ascitic hepatoma cells in tumor bearing mice [47]. Saframycin A (47) crafts a nuclear ternary complex with GAPDH and DNA, unveiling anti-proliferative properties in adherent as well as non-adherent cancer cells [48]. Emetine (48), klugine (49) and isocephaeline (50) inhibit HIF-1 activation by hypoxia in T47D breast tumor cells. Furthermore, compounds 48-50 inhibit hypoxia- and iron chelator-induced HIF-1 stimulation, by hindering HIF-1α protein accumulation [49].

nitric oxide (NO) production and inducible nitric oxide synthase (iNOS) and provides neuro-protection [43]. Prosapogenin A (43), a steroid sapogenin, curbs cell growth and stimulates cell apoptosis of MCF7 through the reduction of signal transducer followed by the activation of transcription 3 (STAT 3) and glycometabolism-related genes, GLUT1, HK, and PFKL [44].
**Miscellaneous Compound**

Moronne (51), a bis-geranyl phloroglucinol derivative, exhibits anti-proliferative cytotoxic activity in the presence of retinone-induced metabolic stress in tumor cells. Captivatingly, even though it does not inhibit glycolysis yet functions as a protonophore that depletes the mitochondrial proton gradient. Due to the increased ATP consumption by the ATP synthase, tumor cells may be hypersensitive to protonophores in the presence of rotenone resulting in ineptness of Warburg effect in cancer cells [50].

![Moronne](image)

**Conclusion**

Tumor cells amend their glucose metabolism and largely confide on glycolysis for their energy need even in the aerobic environment. Warburg effect involves the complex control of the expression of multiple genes and metabolic pathways. In comparison with synthetic compounds, natural products wield multiple advantages as a result of their large-scale structures and multifarious targets. Selective natural products curb the expression as well as the activity of glycolytic enzymes and genes that can inhibit the glycolysis of tumor cells. Targeting HIF-1 and hypoxic related factors impair cancer cell survival through multiple factors, such as: 1) By attenuating tumor glucose metabolic process, 2) By inhibiting VEGF induced pro-survival and angiogenesis pathways, and 3) By up regulation of HIF-1 and glycolysis pathways-specifically PI2K and AMPK-as source of tumor metabolic inhibitors or energy restriction mimic agents. The interplay between cancer cell metabolism and altered gene expression suggests that many of the anticancer activities ascribed to natural products deregulate cancer metabolism.

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