

International Surgery and Ortho Conference

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The Plon - Arnold modified Wilson osteotomy- a minimally invasive osteotomy for the treatment of hallux valgus

Sheldon Nadal

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The Plon -Arnold modified Wilson osteotomy is a minimally invasive V-shaped osteotomy at the first metatarsal neck made in the sagittal plane with the apex of the V pointed proximally. The head of the first metatarsal is then displaced laterally to reduce the intermetatarsal angle and the bunion deformity. Specialized instrumentation allows the surgeon to perform the procedure through very small incisions which results in less soft tissue trauma. Consequently, most patients will experience less postoperative pain and swelling, will not require narcotic analgesia, will have a more cosmetically appealing result, and get back to normal activities quicker than with traditional surgery. The history of the procedure,

indications, instrumentation, technique and postoperative care will be discussed and illustrated with pre-and post-operative radiographs and photographs.

Speaker Biography

Sheldon Nadal is a registered Podiatrist. He completed his Honours Bachelor of Science at University of Toronto, 1975. He is a graduate from the Ohio College of Podiatric Medicine in 1979 and Foot Surgery Residency at Broad Street Hospital and Medical Center, Philadelphia Pennsylvania, July 1980. He is the Past President of The Academy of Foot and Ankle Surgery, Spokane Washington. He had his own Private Practice at 586 Eglinton Ave. E. Suite 501, Toronto Ontario, Canada from 1980 to present. He is the Associate Professor of The Academy of Ambulatory Foot and Ankle Surgery.

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