

Relationship between the endothelium biomarkers endocan and thrombomodulin and slow coronary flow.

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Abstract

Background: Growing evidence suggests that endothelial dysfunction plays a key role in the pathophysiology of Slow Coronary Flow (SCF). This study investigated the association between endothelial biomarkers endocan and soluble Thrombomodulin (sTM) and SCF.

Methods: The study population consisted of 89 subjects (54 patients with SCF and 35 controls). Coronary flow rate was assessed using the Thrombolysis in Myocardial Infarction (TIMI) Frame Count (TFC) method. The serum endocan and sTM levels of all subjects were analysed.

Results: Significantly higher endocan levels (1.14 ± 0.22 vs. 0.96 ± 0.32 ng/ml; $p=0.009$) and sTM levels (657.06 ± 198.18 vs. 592.76 ± 128.45 pg/ml; $p=0.119$) were observed in the SCF group relative to the control group. A positive correlation was detected between endocan and TFC ($r=0.563$; $p=0.016$). Multivariate logistic regression analysis revealed endocan as a predictor of SCF.

Conclusions: The endocan level in SCF patients was significantly higher than in controls and the sTM level was also increased, although the difference was not significant. These results suggest that endocan may serve as a biomarker to predict SCF.

Keywords: Slow coronary flow, Endocan, Thrombomodulin, Endothelial dysfunction.

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Introduction

The Slow Coronary Flow (SCF) phenomenon is an angiographic finding described as retarded flow of contrast agent to the end branch of a coronary artery without significant coronary stenosis [1]. Although it is well-known among interventional cardiologists that coronary angiography is performed in approximately 1% of patients, the mechanisms underlying this entity have not yet been elucidated [2]. Microvascular dysfunction, endothelial dysfunction, diffuse atherosclerosis, and platelet and vasomotor dysfunction have been proposed in the etiology of SCF [3,4].

Endothelial cell-specific molecule-1, or endocan, is a soluble proteoglycan secreted by human vascular endothelial cells and can be found in the circulation [5]. Previous studies have suggested that endocan plays a key role in the pathophysiology of endothelial dysfunction [5,6].

Thrombomodulin (TM) is an integral membrane type-1 glycoprotein that is widely distributed on the luminal surface of vascular endothelial cells and has been implicated in the endothelial regulation of fibrinolysis and coagulation. Soluble

Thrombomodulin (sTM) can be detected in serum after proteolysis of TM on the endothelium [7]. Previous studies have suggested that the sTM concentration reflects the degree of endothelial damage [7,8].

Because endothelial dysfunction plays an important role in the pathophysiology of SCF, we aimed to determine whether sTM and endocan, two endothelial dysfunction biomarkers, are associated with SCF. Therefore, we investigated the relationship between these two biomarkers and SCF. Few studies have investigated the relationship between endocan and SCF; to the best of our knowledge, this was the first study to measure the concentration of sTM in the circulation of SCF patients.

Subjects and Methods

This was a cross-sectional study, in which 6,517 patients underwent coronary angiography between February 2015 and January 2016. During this period, a total of 89 patients with an initial diagnosis of stable angina pectoris, and who had angiographically confirmed normal coronary arteries without

any atherosclerotic lesions and SCF, were enrolled in the study. These subjects were divided into two groups based on flow rate: 54 patients with isolated CSF and 35 subjects with Normal Coronary Flow (NCF) were included in the final analysis.

Exclusion criteria were as follows: acute coronary syndromes, coronary ectasia (dilatation of the coronary artery diameter 1.5 times or more compared to the nearest normal segment) or anomaly, coronary vasospasm, left ventricular dysfunction (ejection fraction < 50%), significant valvular disease, malignancy, acute or chronic inflammatory conditions, chronic obstructive lung disease, and liver, kidney, thyroid, or hematologic disorders. Demographic, clinical, and laboratory data of the subjects were obtained during their visit to the cardiology clinic before angiography. The study protocol was approved by the local ethics committee and all patients provided informed consent.

Coronary angiography was performed using the standard Judkins technique and 6F catheters inserted through the femoral and radial arteries with a Siemens Axiom Sensis XP device (Siemens, Munich, Germany) at a rate of 30 frames per second. Iopromide (Ultravist 370; Schering AG, Berlin, Germany) was used as the contrast agent. Two cardiologists blinded to the study reviewed the angiograms and evaluated the coronary blood flow rates using the Thrombolysis in Myocardial Infarction (TIMI) frame count method (TFC) [9]. The intra- and inter-observer coefficients of variation were 5.2 and 7.8, respectively. The beginning frame was the first frame in which the contrast agent entered the artery completely. The last frame was defined as that when the contrast agent reached the distal endpoint of each vessel. The following distal endpoints of each coronary artery were reviewed: the distal bifurcation in the Left Anterior Descending artery (LAD), the distal bifurcation of the segment with the longest total distance in the Left Circumflex artery (LCX), and the first branch of the posterolateral artery in the Right Coronary Artery (RCA). A normal TFC is considered 36.2 ± 2.6 frames for LAD, 22.2 ± 4.1 frames for LCX, and 20.4 ± 3 frames for RCA. The LAD frame count was divided by 1.7 to obtain a corrected TFC (cTFC) as the longer length of the LAD compared to other coronary arteries. The standard cTFC for the LAD coronary artery is 21.1 ± 1.5 frames. All subjects with a TFC greater than 2 standard deviations above the previously published range for the particular vessel were considered to have SCF [9]. In our study, SCF in any of the three coronary arteries was sufficient to include patients in the SCF group.

Venous blood samples were obtained from all subjects following a fasting period of 12 h. All biochemical and hematologic values were taken on the day of sample collection. Hematologic measurements were determined using the Coulter LH 780 Hematology Analyzer (Beckman Coulter Inc., Co. Clare, Ireland). All biochemical parameters were determined using the Abbott Diagnostics C8000i auto-analyzer (Abbott, Wiesbaden, Germany). Blood samples were collected into plain tubes and serum was separated after centrifugation at 1,500 g for 10 min and stored at -80°C until the levels of

endocan and sTM were analysed. Both serum endocan and sTM levels were measured using a sandwich enzyme-linked immunosorbent assay (ELISA) kit with high sensitivity and specificity for the detection of human endocan (Cusabio Bioscience Inc., Wuhan, China). The minimum detectable concentration of endocan and sTM was 0.039 ng/ml and 7.8 pg/ml, respectively. The intra- and inter-assay coefficients of variation were less than 8% and 10%, respectively, for both biomarkers.

Statistical analysis

SPSS for Windows software (ver. 22.0; SPSS Inc., Chicago, IL, USA) was used for all statistical analyses. The Shapiro-Wilks test was used to evaluate whether the distributions of continuous variables were normal. The independent samples t-test was used to compare normally distributed continuous variables and, for non-normally distributed continuous variables, the Mann-Whitney U Test was used. Descriptive statistics, and mean and standard deviation values were used for the normally distributed variables. Median and minimum-maximum values were used for non-normally distributed variables. Box-plot graphics are shown for biomarkers with a statistically significant difference between the SCF and NCF (control) groups. The correlations between the biomarkers and mean variables are shown. Spearman's and Pearson's correlation coefficients were used for non-normally distributed and normally distributed variables, respectively. Univariate and multivariate logistic regression analyses were performed to identify the major risk factors of SCF. Before multivariate logistic regression analysis, univariate analyses, such as the independent samples t-test, the Mann-Whitney U Test, and chi-square tests were performed to identify the risk factors of SCF. Variables with a p-value < 0.25 in the univariate analysis were included in the multivariate logistic regression analysis. Odds Ratios (ORs) and 95% Confidence Intervals (CIs) were taken as risk measurements in the multivariate logistic regression model. Receiver Operating Characteristic (ROC) analysis was used to determine the sensitivity and specificity of each biomarker and to determine the cut-off values to discriminate subjects with SCF. ROC curves are given for biomarkers with a statistically significant difference between the SCF and NCF (control) groups. A p-value < 0.05 was considered to indicate statistical significance in all analyses.

Results

The SCF and NCF groups included 54 and 35 subjects, respectively. The baseline characteristics of all study samples are shown in Table 1.

There were more smokers in the SCF group ($p < 0.013$). The levels of serum endocan and high-sensitivity C-reactive protein (hsCRP) were also higher in SCF patients relative to controls ($p = 0.009$; $p < 0.001$, respectively) (Figure 1). The serum lymphocyte count was lower in the SCF group ($p = 0.005$). The TFC of each coronary artery and the mean TFC were higher in SCF subjects ($p < 0.001$). The other baseline characteristics of

the study population did not differ significantly between groups (Table 1).

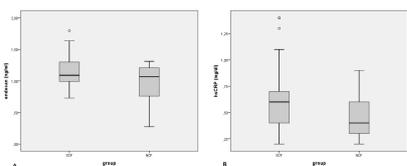


Figure 1. Boxplot graphics for endocan (A) and high-sensitivity C-reactive protein (hsCRP) (B) biomarkers.

In total, 11 (20.4%) subjects had SCF in three arteries, 17 (31.4%) had SCF in two arteries, and 26 (48.2%) had SCF in only one artery. The frequency of SCF according to coronary vessel was as follows: 39 subjects (72%) in the LAD, 26 subjects (48%) in the RCA, and 21 subjects (48%) in the LCX. The serum endocan concentration was higher in patients with SCF in three vessels than in those with SCF in one or two vessels (12.8 ± 2.2 and 11.0 ± 2.0 , respectively; $p=0.016$).

According to the correlation analysis, hsCRP and endocan levels showed a significant positive correlation with mean TIMI frame count variables ($p<0.05$). Scatter plots were used to reveal the association between pairs of variables. Table 2 shows the results from the correlation analysis and Figure 2 shows the scatter plots of these correlations.

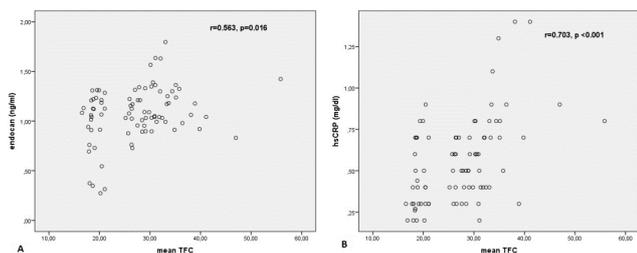


Figure 2. Scatter plots of correlations of endocan (A) and hsCRP (B) biomarkers with mean variables.

Multivariate logistic regression analysis was used to identify the major risk factors of SCF. The Neutrophil-to-Lymphocyte Ratio (NLR), platelet and lymphocyte counts, body mass index, and smoking status were examined in the logistic regression analysis, along with the endothel biomarkers endocan, hrCRP, and sTM. All risk factors and endothel biomarkers were included in the univariate logistic regression analysis. In the multivariate logistic regression analysis, the backward Wald method was used for variable selection. Two of the endothel biomarkers (hsCRP and endocan) were analysed along with smoking status, NLR, and platelet count. A higher NLR and smoking were identified as the major risk factors of SCF (OR for NLR: 15.435, 95% CI: 2.608-91.331, $p<0.05$; OR for smoke: 4.523, 95% CI: 1.107-18.481, $p<0.05$). hsCRP and endocan were also identified as risk factors of SCF (OR for hsCRP: 1.045, 95% CI: 1.011-1.079, $p<0.05$; OR for endocan: 1.387, 95% CI: 1.039-1.85, $p<0.05$). Table 3 shows the results of the logistic regression analysis.

ROC analysis was performed to determine the discriminatory capacity of endocan and hsCRP levels. The area under the

curve (AUC) value for hsCRP was 0.714 (95% CI: 0.592-0.835; $p<0.001$). With the cut-off value of 0.47, the sensitivity and specificity values were 70.4% and 65.5%, respectively. The AUC value for endocan was 0.622 (95% CI: 0.495-0.749; $p<0.068$). With the cut-off value of 7.61, the sensitivity and specificity values were 98.1% and 27.6%, respectively. Figure 3 shows the ROC curves for these two biomarkers.

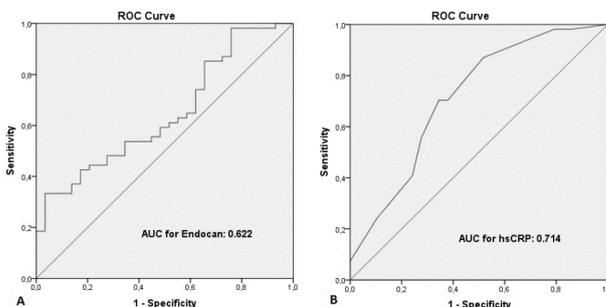


Figure 3. Receiver operating characteristic (ROC) curve analysis for endocan (A) and hsCRP (B) biomarkers.

Table 1. Baseline clinical, laboratory and angiographic characteristics of the study population.

	SCF (n=54)	NCF (n=35)	p
Clinical data			
Age, y	53 ± 9	53 ± 4	0.993
Female, n (%)	16 (29)	12 (34)	0.334
BMI, kg/m ²	28.7 ± 3.2	27.8 ± 1.7	0.181
Diabetes mellitus, n (%)	18 (33)	9 (25)	0.831
Hypertension, n (%)	25 (46)	14 (40)	0.863
Smoking, n (%)	28 (51)	7 (20)	0.013
Laboratory data			
Total cholesterol, mg/dl	200.9 ± 47.0	196.5 ± 24.4	0.642
LDL, mg/dl	110.2 ± 32.7	100.1 ± 17.8	0.124
HDL, mg/dl	39.5 ± 8.7	39.2 ± 5.7	0.902
Triglyceride, mg/dl	234 (139-398)	203 (117-312)	0.654
Fasting glucose, mg/dl	107.5 ± 22.4	101.4 ± 28.7	0.287
Creatinine, mg/dl	0.82 ± 0.11	0.78 ± 0.08	0.313
Hemoglobin, g/dl	15.0 ± 1.5	15.2 ± 1.0	0.613
WBC, 10 ³ /mm ³	8.58 ± 1.53	8.93 ± 1.35	0.313
Neutrophil, 10 ³ /mm ³	4.98 ± 1.13	4.76 ± 0.82	0.355
Lymphocyte, 10 ³ /mm ³	2.73 ± 0.66	3.20 ± 0.77	0.005
NLR, %	1.88 ± 0.52	1.55 ± 0.35	0.003
Platelet, 10 ³ /mm ³	239.6 ± 52.3	262.4 ± 42.4	0.098
Endocan, ng/ml	1.14 ± 0.22	0.96 ± 0.32	0.009
sTM, pg/ml	657.06 ± 198.18	592.76 ± 128.45	0.119

hsCRP, mg/dl	0.60 (0.2-1.4)	0.40 (0.2-0.9)	<0.001
TIMI frame measurements	count		
LAD (corrected)	34.6 ± 6.8	21.0 ± 1.0	<0.001
Cx	31.9 ± 9.4	18.1 ± 2.3	<0.001
RCA	30.0 ± 9.8	18.1 ± 1.8	<0.001
Mean	31.5 ± 5.5	19.0 ± 1.2	<0.001

BMI: Body Mass Index, HDL: High-Density Lipoprotein, hsCRP: High Sensitive C-Reactive Protein, LDL: Low-Density Lipoprotein, NLR: Neutrophil-to-Lymphocyte Ratio, sTM: soluble Thrombomodulin, WBC: White Blood Cell.

Table 2. Correlation coefficients between endocan and the mean TIMI frame count variable.

Variables	Correlation coefficients (r)**	p
hsCRP	0.703	<0.001
sTM	0.092	0.41
Endocan	0.563	0.016

**Spearman Correlation Coefficient was used for all biomarkers. hsCRP: High Sensitive C-Reactive Protein, sTM: soluble Thrombomodulin.

Table 3. Univariate and multivariate logistic regression analyses.

	Univariate		Multivariate	
	OR (95% CI)	p	OR (95% CI)	p
hsCRP	1.015 (1.007-1.024)	0.001	1.045 (1.011-1.079)	0.008
Endocan	1.072 (1.028-1.118)	0.007	1.387 (1.039-1.85)	0.026
NLR	1.546 (1.193-2.005)	0.001	15.435 (2.608-91.331)	0.003
Smoking	3.385 (1.24-9.239)	0.017	4.523 (1.107-18.481)	0.036
Platelet	1.021 (1.003-1.039)	0.022	0.862 (0.763-0.974)	0.017
Lymphocyte	1.015 (1.000-1.030)	0.046		
sTM	1.009 (1.002-1.016)	0.017		
BMI	1.029 (1.007-1.039)	0.005		

BMI: Body Mass Index; hsCRP: high sensitive C-Reactive Protein; NLR: Neutrophil-to-Lymphocyte Ratio; sTM: soluble Thrombomodulin.

Discussion

In this report, serum endocan levels were significantly higher in SCF patients than in controls; higher sTM levels were also observed, although the difference did not reach statistical significance. We also demonstrated that serum endocan level was correlated with the degree of SCF. Only two previous studies have investigated the relationship between serum endocan level and SCF; to best of our knowledge, this was the first study to focus on the level of sTM as a novel marker of endothelial dysfunction in SCF patients [10,11].

Although several studies have suggested the prognostic value of SCF for major adverse cardiovascular events, the pathophysiology of SCF remains unclear. Several mechanisms,

such as endothelial dysfunction, diffuse atherosclerosis, and coronary vasomotor dysfunction, have been associated with this clinical entity [3,4,12].

There is growing evidence for a role of endothelial dysfunction in the etiology of SCF. Sezgin et al. [3] showed reduced endothelium-dependent Flow-Mediated Dilatation (FMD) of the brachial artery in SCF patients, supporting the endothelial dysfunction hypothesis in the etiology of SCF. Previous studies on endothelial dysfunction markers in SCF reported that increased levels of plasma endothelin-1, homocysteine, and asymmetric dimethylarginine, and decreased levels of plasma adiponectin and nitric oxide, were responsible for the etiopathogenesis of SCF [13-16].

Endocan is an endothelium-derived soluble proteoglycan that is believed to play a role in the pathogenesis of endothelial diseases, such as hypertension, atherosclerosis, and obstructive sleep apnea [6,17,18]. Moreover, significantly higher endocan levels were detected in subjects with vascular-Behçet disease [19]. In our study, the endocan concentration was higher in SCF patients than in controls, confirming previous reports [10,11].

According to our multivariate logistic regression analysis, circulating endocan was identified as an independent predictor of SCF. A powerful correlation between TFC value and endocan level, and a higher endocan concentration in subjects with SCF involving three vessels versus two vessels or one vessel, allowed us to conclude that endocan may serve as a promising biomarker for the detection and evaluation of SCF. We hypothesize that endocan activates adhesion molecules and increases the secretion of potent chemokines, leading to endothelial dysfunction. It may also enhance the stimulation of vascular smooth muscle proliferation and migration, which could lead to atherosclerosis *via* neointima formation and, ultimately, SCF [20]. Further studies will help elucidate the exact mechanism.

TM is an integral protein that is widely detected on the endothelial lumen of all vascular structures and is believed to play a role in coagulation, inflammation, and endothelial dysfunction [21]. During endothelial pathologies, TM is released from the endothelium and can be detected in the serum in its soluble form. A significant increase in sTM level has been reported in vascular diseases, such as atherosclerosis, cardioembolic stroke, and sepsis-associated disseminated intravascular coagulation, indicating that sTM may represent a useful marker to assess endothelial dysfunction and vascular risk [22,23]. We also found increased levels of sTM in SCF subjects relative to controls, although the difference did not reach statistical significance.

Several studies have suggested that inflammation may lead to SCF. Li et al. [24] reported increased levels of hsCRP and interleukin-6 in SCF patients. Another inflammatory parameter, NLR, was also reported to be correlated with SCF [25]. Supporting previous reports, higher concentrations of hsCRP and NLR were found in the SCF group relative to controls in our study. These factors were also identified as

independent predictors of SCF according to our multivariate analysis.

Limitations

The relatively small sample size was the main limitation of our study. Although the sample size was sufficient to detect a significant association between endocan and SCF, we were not able to prove an association between SCF and sTM. The cross-sectional design was another limitation of the study. Lastly, we did not use intravascular ultrasound or optical coherence tomography to detect cases with normal coronary arteries. Rather, our diagnosis depended on the visible angiograms, which may have biased the randomization of our study population.

Conclusion

We demonstrated that the endocan concentration was significantly higher in SCF patients than in controls and positively correlated with the severity of SCF. Moreover, sTM levels were increased in SCF patients, although the difference did not reach statistical significance. These findings suggest that the endocan level may serve as an indicator to determine the presence and extent of SCF. Further larger investigations are needed to determine the exact role of both endocan and sTM in the pathophysiology of SCF.

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