Motor nerve conduction of common Peroneal nerve in young adult.

Sunil Chouhan

Department of Physiology, Gandhi Medical College, Bhopal (M.P.), India

Abstract

The motor Nerve conduction studies was done in CPN (common peroneal nerve) in fifty healthy male and female subject, 16-20 year of age. The values were establish for comparisons and references. The Amplitude of motor and were divided into different components and computerized machine was used to analyze the DL, Amplitude and conduction velocities. The CPN Motor studies gave DL of 4.09 ms, Amplitude of 6.58 mv and CV of 52.31m/sec. For Proposing normative value, these measurement are an adequate way for Electrophysiological evaluation of the Motor CPN, which latter on can be used by the clinician while dealing with this nerve.

Keywords: Nerve conduction velocity (NCV) ,

Introduction

For establishing normative data to provide additional reference value, this study was undertaken in Department of physiology ,NSCB Medical college, Jabalpur. From this study reference value for motor and sensory conduction velocity of CPN has been obtained.

Usually, CPN which is a branch of sciatic nerve supply both anterior and peroneal compartment of the leg, begin at the apex of popliteal fossa and on reaching fibula neck, this CPN nerve curve round the neck deep to peroneus longus [1]. It divide into superficial and deep peroneal nerve distal to fibular neck [2].

CPN Neuropathy evaluation can be done by localizing the site and nature of lesion. The conduction velocity measurement of the concern nerve in healthy subject can be used as a diagnostic tool to differericate it from abnormal [3,4]. In the region of head and neck of fibula, CPN can be damage either by compression or direct trauma (4).Some of the common cause of compression are wearing high heel boot/shoe, plaster casts, leg bras, Stocking or from sitting with the leg crossed for pronged period [3]. Also after surgery of total knee replacement [5] and arthroscopy of the knee [6,7], it is liable to get injured. Inversion injury of ankle is one of the less commom cause of CP neuropathy [8,9]. In one study, even experience neurophysian /clinician fail to Diagnose CP neuropathy clinically before electrophysiological evalution was done [10]. The prognosis depend on severity of nerve damage which depend on conduction block which take lesser time as compared to axonal damage .The prognosis can be found out by NC Studies and normal reference value can be compared with abnormal values [3]. The aim is therefore to assess the different parameter which latter can be used to compare with pathological cases.

Material and Method

On the basis of past and present history, selection of subject was made and Median nerve NCV was done to avoid possible subclinical neuropathy.

Motor NCV

1. Active surface electrode – placed over the digitrum Brevis.(Fig-1)
2. Reference surface electrode – Placed over the base of little toe.(Fig-1)
3. Ground surface electrode – Placed over the dorsum aspect of foot. (Fig-1)

Fifty student of first MBBS underwent electromyography. The machine used was “computerized Neurocare 2000 machine, manufactured by Bio-tech india, Mumbai Before applying surface Electrodes. Before Appling surface electrode on the skin , the skin was cleaned with
spirit. The disposable electrode was placed as mention above. The stimulus was given to the Nerve at two point with the help of stimulator. First distally at the ankle which is 2 cm distal to the fibular neck later to the anteriar tibial tendon. Secondly proximally in the lateral part of popliteal space. Using supramaximal stimulus, the recording of the nerve was made.

The distance between active electrode and stimulating point was measured which was latter used to calculate NCV of concern segment. Latency, Amplitude, CV parameter were studied and data were expressed as Mean and S.D. On the basis of data, Normal NCV of the above mention nerve was proposed.

**Result / Observation**

Fifty (50) 1st year MBBS students (Male =25;Female-25), aged between 16-20 year (Mean=19.16;S.D=0.73) were selected for Motor Nerve conduction studies of CPN. Mean, S.D. value along with other neurophysiological parameter studies shown in table-1. There was no significance difference between right and left side for Motor latency, Amplitude and NCV as per the paired “t” test. From above data, a reference value for CPN motor NCV, Amplitude and NCV were proposed, so that can be used by clinician while making diagnosis. The Motor NCV 52.30 m/sec(right leg) / 52.41 m/sec(left leg) were slightly higher to those of previous studies [14].

**Table 1. Motor Nerve conduction studies - Common peroneal nerve.**

<table>
<thead>
<tr>
<th>Stimulation Parameter</th>
<th>Right Mean (millisecond)</th>
<th>Left Mean (millisecond)</th>
<th>Right Mean (millivolt)</th>
<th>Left Mean (millivolt)</th>
<th>Right Mean (meter per second)</th>
<th>Left Mean (meter per second)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ankle</td>
<td>4.09</td>
<td>4.09</td>
<td>6.58</td>
<td>6.41</td>
<td></td>
<td></td>
</tr>
<tr>
<td>SD (±)</td>
<td>0.72</td>
<td>0.67</td>
<td>2.42</td>
<td>1.86</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Significance</td>
<td>P&gt;0.05</td>
<td>P&gt;0.05</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Head of Fibula</td>
<td>10.65</td>
<td>10.64</td>
<td>5.91</td>
<td>5.67</td>
<td>52.31</td>
<td>52.41</td>
</tr>
<tr>
<td>SD (±)</td>
<td>0.81</td>
<td>0.86</td>
<td>2.26</td>
<td>2.24</td>
<td>7.68</td>
<td>8.07</td>
</tr>
<tr>
<td>Significance</td>
<td>P&gt;0.05</td>
<td>P&gt;0.05</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

**Figure 1. Electrode placements of motor CPN**
Motor nerve conduction of common Peroneal nerve in young adult.

Discussion

Over the year EMG has been used as a simple non-invasive technique for diagnosis, monitoring and prognostic evaluation of nerve injury and neuropathy [11]. Many studied have come out with and without control parameter like temperature. In setup where facilities of control temperature is not established which affect NCV [12] this proposed study give normal reference value for electrophysiological evaluation of CPN. Even through Ultra-sound guided, block at the level of fibular head can be found out [13]. There is no significant difference between the right and left side of any of the variables taken into consideration in this study. Further for establishment of normative value further study are required keeping in view of the Indian rural hospital setup, where facilities for diagnosis of neuropathy is very poor. Reference normative value can help a lot to the clinician while making a decision regarding diagnosis and progress of the nerve injury concern.

Acknowledgements

I’m obliged and thankful to Dr. Usha chauhan, Retired Prof & Head, Department of Physiology NSCB Medical College, Jabalpur for her support and encouragement.

References


Correspondence to:
Sunil Chouhan
F -5/33, Charimli
Bhopal. 462016 (M.P.)
India