

Effect of chronic sodium nitrite administration on the expression of fibronectin in interstitial tissue of mice testis: An immunohistochemical study.

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Abstract

Background and Objectives: Nitrite and nitrate as common derivatives of nitrogen distribute throughout the body after consumption which consequently increases the content of their metabolites such as nitric oxide in biological fluids. High concentrations of nitrite and nitrate affect the fertility of men by changing the parameters of sperm. Half of the infertility problems are related to men. No study has been conducted on the possible effects of water contaminants on the expression of fibronectin in testicular interstitial tissue. Therefore, the present study aims to investigate the effects of chronic administration of sodium nitrite on the expression of fibronectin in interstitial tissue of mice testis using immunohistochemical assessments.

Methods: This was an animal laboratory study conducted on male mice (n=24) who were divided into three groups: a control group and two treatment groups I and II. For 60 consecutive days, the control group received water containing no additives, and the treatment groups I and II water containing 3 and 50 mg/L of sodium nitrite, respectively. After sacrificing the animals, their testes were removed from both sides, and the right testicle was used for the immunohistochemical study and the left for real time polymerase chain reaction (RT-PCR) assessment.

Results: The amount of fibronectin mRNA was 0.92 fold in treatment group I and 0.8 fold in treatment group II, which showed no significant differences between the groups. Moreover, the qualitative expression of this protein in the interstitial tissue reduced insignificantly in treatment group II compared to the other groups (p=0.094).

Conclusion: Consuming water contaminated with sodium nitrite could not affect spermatogenesis through changing the expression of fibronectin in the interstitium of testis.

Keywords: Sodium nitrite, Interstitial tissue, Fibronectin, Mice, Testis.

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Introduction

Fibronectin is a permanent member of the basement membrane of all body organs, including the testes [1,2]. In the seminiferous tubules, fibronectin is expressed in the spermatogenic germ cells and peritubular myoid cells and is deposited in the extracellular matrix [3]. Many studies have shown that environmental pollutants such as tobacco can affect the expression of ECM proteins and fertility [4-6]. Nitrite is an endocrine disrupter and human studies have shown the effect of sodium nitrite on the quality of human sperm [7]. NO, which is a metabolite of nitrite, has a dual role in the synthesis of testosterone in culture media [8]. The concentration of nitrite in water should not be exceed 3 mg/L (ion) otherwise, it may cause oxidative stress associated with male infertility [9,10]. On the other hand, some studies demonstrated that ECM proteins can modulate steroidogenesis *in vitro* [11]. High concentrations of nitrite and nitrate affect the fertility of men

by changing the parameters of sperm. Half of the infertility problems are related to men [12]. To our knowledge, no study has been conducted on the possible effects of water contaminants on the expression of fibronectin in testicular interstitial tissue. Therefore, the present study was aimed to investigate the effects of chronic administration of sodium nitrite on the expression of fibronectin in interstitial tissue of mice testis using immunohistochemical assessments.

Materials and Methods

Twenty four fertile male mice with average weight 21-24 g were purchased from the animal house of Mashhad School of Medicine and kept in suitable conditions. After becoming accustomed to their new environment, the animals were divided into a control and treatment groups I and II. The control group received pollutant-free water, and treatment

groups I and II respectively received water plus 3 and 50 mg/L of sodium nitrite for 60 days.

After this period, the animals were weighed and euthanized by inhaling chloroform and cervical dislocation and then, their testes were cleared from surrounding fascias and weighed (Table 1). Their right testis stored in formalin 10% and then in alcohol 70% for IHC studies, and their left testis kept in RNA-later solution for the Real-Time PCR and then frozen at -70°C for later use.

Table 1. Effects of sodium nitrite administration on body weight, testis weight and body weight and testis weight index.

Groups		Control (Mean \pm SD)	Treatment I (Mean \pm SD)	Treatment II (Mean \pm SD)
Body (B.W)	weight	22.75 \pm 1.03	22.75 \pm 1.03	22.63 \pm 0.9
Testis (T.W)	weight	0.96 \pm 0.1	0.91 \pm 0.08	0.92 \pm 0.09

Table 2. Grade of immunostaining reaction to fibronectin expression in testis.

Grade	Reaction
0	Negative
1	Very weak
2	Weak
3	Moderate
4	Intense

The immunohistochemical technique

To prepare samples for this technique, the routine steps of histological preparation were performed. Then, 5 μ m sections were transferred to Poly-L-Lysine slides, followed by IHC technique as briefly explained below [4]. At first cleansing and dehydration were carried out and then, to prevent internal peroxidase activity, the slides were incubated in H₂O₂ 3%. The slides were rinsed with distilled water (DW) and heat-treated for antigen retrieval by bathing them in 100°C hot water. Once cooled at room temperature, DW and placed in Tris buffer containing Triton X-100 (%0.025), and placed in a buffer containing 10% goat serum and 1% bovine serum albumin. The slides were exposed to fibronectin antibody (1:170) overnight. They were then rinsed again in Triton X-100 buffer. The slides were exposed to a secondary HRP- conjugated antibody at a 1:800 concentration at room temp for 2 h. They were then placed in PBS containing di-amino-benzidine (0.03 g) and H₂O₂ and were rinsed three times in running water and DW. In order to create the background color, the slides were immersed for moments in hematoxylin and were then rinsed again in running and DW and passed through alcohol 90%, 100% and xylene and were finally mounted. The slides were then examined using an Olympus optical microscope and the images were transferred to a computer for more accurate

examination, and the intensity of the brown color created was visually graded according to Table 2.

Real-time PCR technique

Total RNA Extraction: The testicular tissue that had been stored in RNA-later solution at -70°C, was thawed at room temp and underwent the following steps according to the RNA extraction kit protocol [12].

First, 35 mg of the testicular tissue was transferred to a micro-tube and lysis buffer was added to it. The tissue was broken down, homogenized and vortex by pipetting. Chloroform was added to the microtube and vortexed again. The micro-tube was then centrifuged at 12000 \times g for 12 min at 40°C, and the supernatant was transferred to a new microtube. At this stage, 400 μ l of ethanol 70% was added to the micro-tube and spun. The mixture was transferred to a spin column and centrifuged at 13000 \times g for 1 min. The sediment was removed and PW was added to the columns and centrifuged at 13000 \times g for one min.

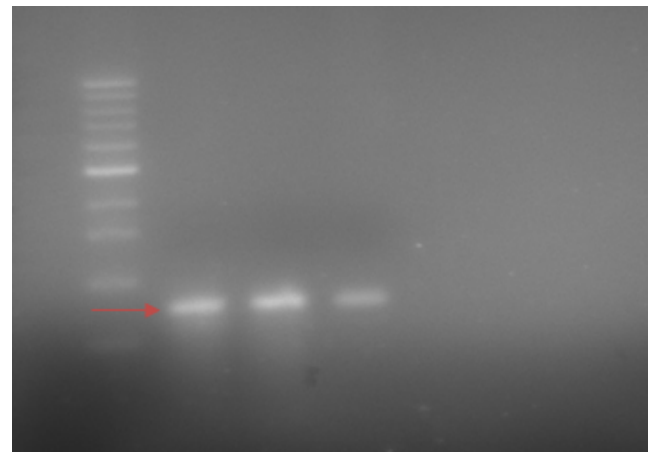


Figure 1. Acquired image from gel electrophoresis, after cDNA synthesis, that arrow shows fibronectin band (ladder 100).

The sample was spun at 13000 \times g for 2 min to remove the buffer residue from the medium. The column was then transferred to a new 1.5 mL micro-tube. In the next step, 40 μ L of DEPC-treated water was added to the microtube and kept at room temperature and then spun again at 13000 \times g for 1 min to obtain pure RNA and was kept at -70°C until later stages.

cDNA Synthesis: The cDNA was synthesized as per the instructions and protocol provided by the cDNA Synthesis Easy Kit manufacturer [12]. In the first stage, 5 μ L of total RNA, 2 μ L of Oligo-dt and 1 μ L of Random hexamer were mixed in a microtube. Then, 5 μ L of DEPC-treated water was added to the mixture to reach a volume of 10 μ L. The mixture was incubated at 65°C for 5 min. Then, 10 μ L of RT premix was added into the mixture to reach a volume of 20 μ L, and pipetting was performed several times. The mixture was incubated at 25°C for 10 min and at 50°C for 60 min, and the reaction ended after 10 min at 70°C, and the microtube was then frozen at -20°C.

To ensure that the outcome was as intended, 5 µL of the PCR product was electrophoresed on Agarose gel containing 0.5 µg/L of ethidium bromide and the result was analyzed using a gel duct (Figure 1).

Primer design: To determine the amount of mRNA expression of fibronectin in the testicular tissues, Beacon Designer software was used to design four primers (Table 3). The sequence of each primer was found in the NCBI database. The exon and intron regions of the mRNA sequence of each gene were aligned together and the specificity of the primers' binding to the genes was ensured using BLAST software accessed through the NCBI website. To prevent the proliferation of the gene piece on the DNA chain, the melting temperature of the primers was selected close to each other, and one intron was placed in the gap between the primers.

Table 3. Sequence of the primers of the desired genes.

Gene		PRIMER SEQUENCE
Fibronectin	forward	5-TAGGAGAACAGTGGCAGAAAG-3
	reverse	5-CCATCGGGACTGGGTTCA-3
Beta-actin	forward	5-GGGAAATCGTGCGTGACA-3
	reverse	5-TCAGGAGGAGCAATGATCTTG-3

Primer preparation: To perform the RT-PCR, 10 Pmol was collected from each primer. The primers were purchased from Macrogen Company (South Korea). The whole RT-PCR procedure was performed according to the protocol advised by the manufacturer. According to the protocol, a suitable amount of DW was added to each tube containing the forward and reverse primers to obtain a solution with a concentration of 100 from each to prepare a primer of 10 Pmol dilution [12].

The real-time PCR technique: Before beginning the RT-PCR, the required band length was obtained by gel-electrophoresis to ensure the proper action of the primers (Figure 2) and a melting curve analysis was also performed. No primer dimer was formed during the amplification cycles. The main solution was prepared and the heating curve of the Applied Biosystems Step One was adjusted. Gene expression was measured semi-quantitatively using SYBR Green fluorescence.

Changes in fibronectin expression in each group were compared with the beta-actin gene. The $\Delta\Delta CT$ model was used to determine the relative changes in gene expression, and the results obtained were presented as fold change in relation to the controls [13].

Statistical analysis

The collected data were analyzed in statistical package of SPSS Windows, version 20. The normal distribution of the data was evaluated using the Kolmogorov-Smirnov test. The mean values of the quantitative variables were compared using the one-way ANOVA. Since the data were normally distributed, the Kruskal Wallis test was used for comparing the qualitative variables between the groups, and Mann-Whitney's test was

used for the two-by-two comparison. The results were presented as mean ± standard error of mean (SEM), and the level of statistical significance was set at $P < 0.05$ for all the tests.

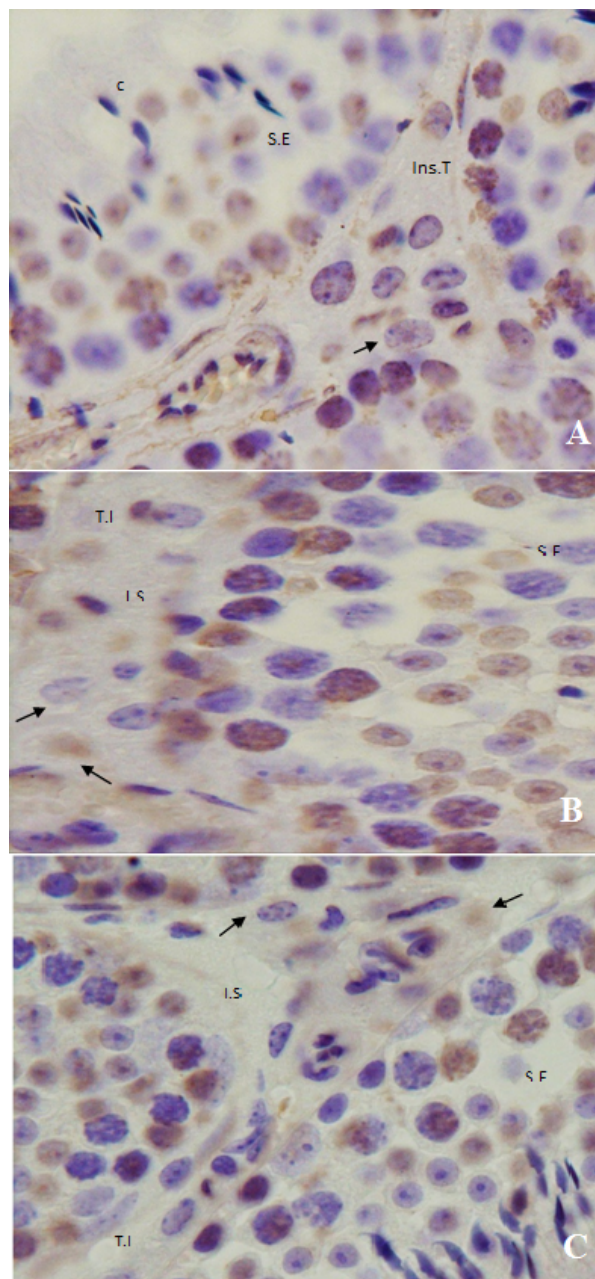


Figure 2. Photomicrographs show of seminiferous epithelium (S.E) and interstitial tissue (I.S) of the testes that have been treated with fibronectin antibody. Arrows show leydig cell. A) Control group (c); B) Treatment I (T.I); C) Treatment II (T.II); Hematoxylin counterstained, scale bar 100 µm.

Results

Body weight of mice was calculated and average weight of testes from each mouse was obtained so that mean weight of control group, treatment I and treatment II was 0.96 ± 0.1 , 0.91 ± 0.08 and 0.92 ± 0.09 respectively [(Table 1), ($P=0.5$)]. Neither body weight nor testis weight to body weight index

was significant different ($P=0.9$, $P=0.6$, respectively). The amount of fibronectin was 0.9 in treatment group I and 0.8 in treatment group II, without significant differences between them [$P>0.05$], Figure 3].

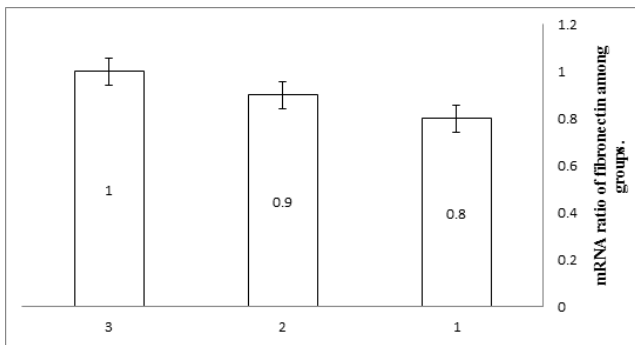


Figure 3. Relative transcription level of fibronectin mRNA expression in the testis of the control group, TI and TII. According to kolmogorovsmirnov test, real-time PCR data follows a normal distribution.

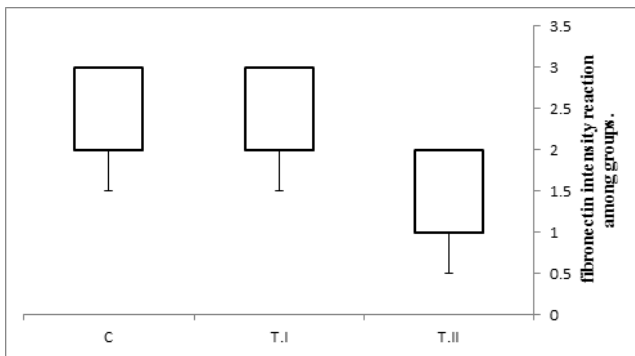


Figure 4. Diagram shows intensity reaction after testis slides exposed with anti-fibronectin antibody. Grading intensity was based on produced brown color: 4 was intense (dark brown), 3 was moderate, 2=weak (light brown), 1=very weak (pale brown) and 0 was negative (no reaction). There was no significant differences between groups. Median is presented in the form of 50% (25.75%), $P=0.094$.

The results of the analysis of variance showed that real-time PCR is not significant different between Groups. According to the IHC results, in the control group, the intensity of the expression of fibronectin was moderate to intense range in the testicular interstitium, where the leydig cell and connective tissue cells are located. The expression of fibronectin in the treatment I was similar to previous group but in treatment II, that of fibronectin was weak to moderate although was not significant [$P=0.094$], Figure 4].

Discussion and Conclusion

Our results showed that neither the body weight nor the testicular weight changed by the treatment with sodium nitrite. Moreover, the study showed that fibronectin is expressed in the ECM of the testicular interstitial tissue and, it also showed that oral usage of sodium nitrite over 60 days did not significantly alter the fibronectin expression in the interstitial tissue of the testis. The results showed that fibronectin was not only expressed throughout the interstitial tissue, but was focused

around nucleus of leydig cells and blood vessels. Since fibronectin is synthesized by peritubular myoid cell, it may be the source of fibronectin from plasma. According to IHC analysis, in the control group, the intensity of reaction to fibronectin antibody was weak to moderate which was similar in the treatment I group, whereas in treatment II, the response to fibronectin antibody was weak to moderate but was not significant [$P=0.094$], (Figure 2)].

Aly et al. showed that treatment of animals with 100 to 200 mg/kg B.W with sodium nitrite for 60 days caused a significant reduction in rat testicular weight and along with histopathological changes including atrophy, piknosis, and spermatogenesis disorder. They concluded that chronic exposure to sodium nitrate could damage the testicles and these effects are probably due to oxidative stress [9]. Panet et al. showed that water contaminated from 90 to 900 ppm potassium nitrate for 35 days did not reduce the weight of testis and body weight of mice. However, activity of testicular enzymes changed and histopathological changes were observed. They concluded that testicular effects could not only be duo to water contamination [14].

The findings of Aly et al. did not support our findings which can be attributed to the higher doses used in their study. The findings of the Panet et al.'s study support our findings, while the length of the treatment was shorter. Our results did not show histopathological changes in the testes including leydig cell and also, testicular weight did not change. Battaglia et al. showed that testicular volume in normosperm men is higher than oligosperm men [8]. Since weight is directly related to volume, and the other hand testis is mainly made by seminiferous tubules. Therefore, it can be concluded that the chronic treatment of animals with sodium nitrite has no effect on spermatogenesis and steroidogenesis. Sabrino et al. investigated the effects of NO/NOS, testis homogenate and inactive IP administration of microorganism in rats in orchitis induction. Testicular damage, germ cell apoptosis, leydig cell hyperplasia and testis atrophy were observed that were accompanied by macrophage infiltration and increase of NO. They concluded that NO/NOS system contributed to the testicular damage [15].

The testicular tissue has unique properties such as a high level of unsaturated fatty acids and abundant cell divisions, which make it vulnerable to the excessive synthesis of free radicals. Moreover, the testicles require ROS and are equipped with antioxidant enzymes and free-radical scavenger [10,16]. Nitrite increase RNS in blood and thus can overcome the balance between free radicals and antioxidants through the nitrite-nitrate-nitric oxide pathway [6]. Nitrate reduces the renal activity of NOX by reducing the activity of angiotensin-2. Along with NOX, angiotensin-2 and endothelin-1 cause the accumulation of collagen and fibronectin in tissues such as the kidney, heart, and lung [17].

Sodium nitrite appears to increase peripheral NO and its concentration beyond the physiological level, which consequently affects the peripheral vessels' endothelial cells and reduces endothelin expression and thereby causes changes

in the expression of fibronectin. Assessing the degree to which the concentrations used in the present study can increase the blood level of NO and other metabolites requires further and more comprehensive studies, since their blood levels were not measured. And in this study chronic treatment with sodium nitrite did not change fibronectin expression in the testicular interstitium. Therefore, we concluded that water contaminated with 50 mg/L sodium nitrite is not be able to threaten male fertility through protein expression. Certainly, reproductive toxic potential of toxicants is dependent to dose and duration of the exposure. Therefore, it is recommended that higher sodium nitrite and invasive methods such as gavage or intraperitoneal injection of a drug are needed to clarify the role of sodium nitrite.

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