A potential complication following endoscopic retrograde cholangiopancreatography: Subcapsular hepatic hematoma.

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Abstract

Endoscopic Retrograde Cholangiopancreatography (ERCP) is a technique with high success rate for diagnosis and treatment of biliary and pancreatic diseases, but haemorrhagic complications usually occurs when utilizing Endoscopic Sphincterotomy (EST) or Endoscopic Papillotomy (EPT). Here, we described the case of a 37-y-old female whose Common Bile Duct (CBD) stones were removed via ERCP and EPT due to dilated gallbladder and CBD obstruction. However, the patient suffered from subcapsular hepatic hematoma, sepsis, acute pancreatitis after ERCP. We arranged a second ERCP, Endoscopic Naso-Biliary Drainage (ENBD) and removed stones from gallbladder and junction of CBD and Common Hepatic Duct (CHD) by the Laparoscopic Common Bile Duct Exploration (LCBDE), as well as long-term antibiotic treatment. The patient then had a good condition of postoperative recovery. Hence, it should be alarming that subcapsular hepatic hematoma could be a potential complication post-ERCP and is life-threatening, and we provided the experience of utilizing a number of diagnostic techniques and a multidisciplinary approach of therapy strategies for resolving such complication successfully.

Keywords: Subcapsular hepatic hematoma, Common bile duct, ERCP, Complication.

Introduction

Endoscopic Retrograde Cholangiopancreatography (ERCP), which was introduced into the field of gastroenterology, hepatology and hepatopancreatobiliary surgery, has progressed to be an important and essential diagnostic and therapeutic tool for biliary and pancreatic diseases but haemorrhagic complications usually occurs when utilizing Endoscopic Sphincterotomy (EST) or Endoscopic Papillotomy (EPT) [1-4]. The complication of subcapsular hepatic hematoma after conducting ERCP is uncommon and a likely life-threatening situation in which few cases was reported in the world [5]. With respect to currently related literatures, they provide good experiences to treat subcapsular hepatic hematoma post-ERCP. Here, we present a case of subcapsular hepatic hematoma after ERCP implementation, and provided active treatments in which multiple stones were removed from the patient.

Case Report

A 37-y-old female had mild epigastric pain and visited our gastrointestinal unit on November 8th, 2015. The patient also complained of nausea, vomiting, diarrhoea and chest tightness at that time. The medical records showed that she has no diabetes mellitus, hypertension and hepatitis B or C, but she was conducted tubal ligation surgery 1 y ago. Physical examination revealed mild scleral icterus, hyperactive bowel sound in abdomen and focal tenderness over epigastric region. Initial blood tests presented the elevated total bilirubin (1.2 mg/dl) and neutrophils (81%). Chest or abdomen displayed no evidence of abnormality.

Therefore, we arranged panendoscopy examination on November 9th and the report showed reflux esophagitis and superficial gastritis over antrum. Abdominal ultrasound examination revealed hypoechogetic lesion around gallbladder and duct system, fatty liver, Common Bile Duct (CBD) dilatation, lymph node enlargement and extension to para
arotic area, and multiple calculi in the gallbladder and CBD (Figure 1). Furthermore, the patient had intermittent upper quadrant pain and mild fever, and thus we prescribed cefmetazole as antibiotic therapy. We further arranged Magnetic Resonance Cholangiopancreatography (MRCP) on November 12<sup>th</sup> revealing clearly mild biliary obstruction caused by proximal CBD stone (Figure 2), and the images indicated heterogenous low signal change of liver parenchyma that may be due to dilated intrahepatic ducts at proximal CBD and thick-walled gallbladder with multiple filling defects.

For the further treatment based on the diagnosis, we utilized ERCP with EPT for retrieval of the CBD stone on November 13<sup>th</sup>. However, after the procedure on November 17<sup>th</sup>, the patient’s body temperature was elevated up to 39.8°C, elevated total bilirubin (5.2 mg/dl) and neutrophils (91%), and whole abdominal distension with dull pain. Thus, we arranged a second ERCP accompanied by Endoscopic Naso-Biliary Drainage (ENBD) on November 18<sup>th</sup> (Figure 3). Surprisingly, the patient was almost in syncope on the next day (November 19<sup>th</sup>), and abdomen CT scan showed suspected right lobe of subcapsular hepatic hematoma with capsular rupture, and multiple and small yellowish stones in gallbladder cavity, a 1.0 cm diameter of stone in the junction of Common Hepatic Duct (CHD) and CBD (Figure 5), were found. Therefore, the cause of syncope was further proven to be subcapsular hepatic hematoma post-ERCP. Our final diagnosis consisted of infections of gram-negative bacteria, Klebsiella pneumoniae, and acute pancreatitis. The patient gradually recovered and was discharged in good condition. Written informed consent was obtained from her family.
Discussion

So far there are 53 cases of subcapsular hepatic hematoma complication in the world including our case that are mostly caused by wire-guide ERCP for the diagnosis and treatment of bile duct-related disorders, especially in removal of CBD stone, biliary obstruction and cholangiocarcinoma surgical therapy. In these cases, most patients survived and only three patients deceased [6-10]. Although the mortality rate of complication could be low, it is still potentially life-threatening. In our case, we also have an uncommon event of subcapsular hepatic hematoma post-ERCP, and then supplement of antibiotic was conducted. In addition, we removed multiple stones from gallbladder and junction of CHD and CBD by using LCBDE. Overall, our diagnosis consisted of infections of Gram-negative bacteria, *K. pneumoniae*, found in the normal flora of intestines and thus not hospital acquired, and acute pancreatitis [11].

Previous studies have explained that subcapsular hepatic hematoma was related to infections from accidental puncture with non-sterile guide-wire and resulting in rupture of small intrahepatic vessels during endoscopy procedure in all cases worldwide [3]. Interestingly, the systematic review and meta-analysis reported that the prophylactic effectiveness of the non-steroidal anti-inflammatory drugs can reduce the pancreatitis following ERCP [12]. Moreover, on chest X-ray, we first found segmenta atelectasis and diffuse or multifocal airspace disease, pulmonary edema and pleural effusions after ERCP.

In summary, subcapsular hematoma could be treated safely with conservative treatment. In this this study, we provided the experience that appropriate antimicrobial therapy and close monitoring was appropriate for this situation. Furthermore, we were able to perform laparoscopic surgery once the patient was stabilized, proving the self-limiting nature of this emergent situation. In conclusion, it should be alarming that subcapsular hepatic hematoma could be a potential complication post-ERCP and is life-threatening, and we provided the experience of utilizing a number of diagnostic techniques and a multidisciplinary approach of therapy strategies for resolving such complication successfully.

Conflicts of Interest

The author declares no conflict of interest.

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